

# Heaven and Earth Designs

## Metamorphosis

Chart No: HAES0024

By Michele Sayetta

Artwork by Sheila Wolk



Finished Design Size 350W by 525H (14WX 21H inches on 25ct fabric)

Heaven and Earth Designs

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Metamorphosis  
By Michele Sayetta  
Artwork by Sheila Wolk

Materials List

1	DMC	90	Refer to inside sheet
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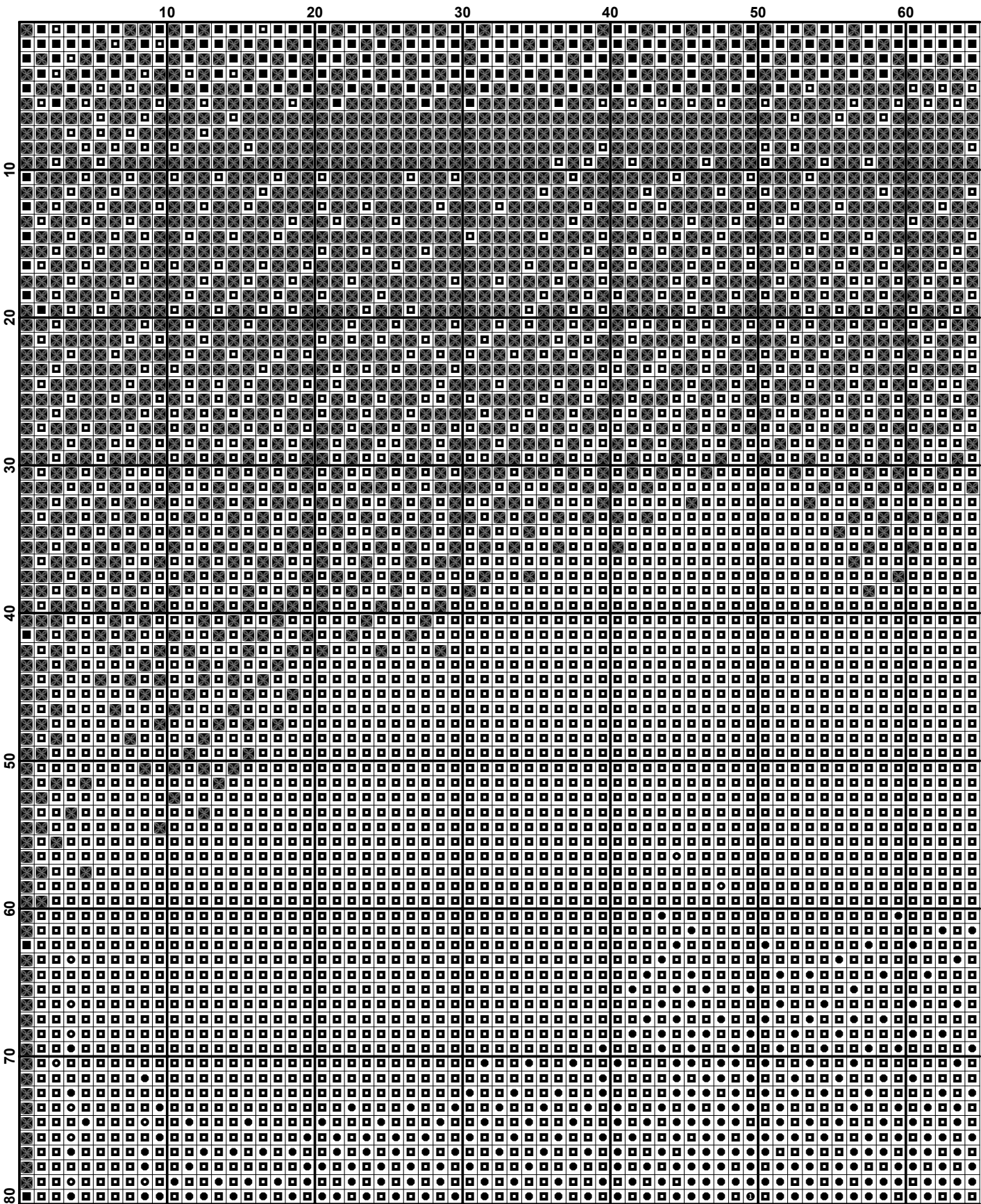
## Instructions

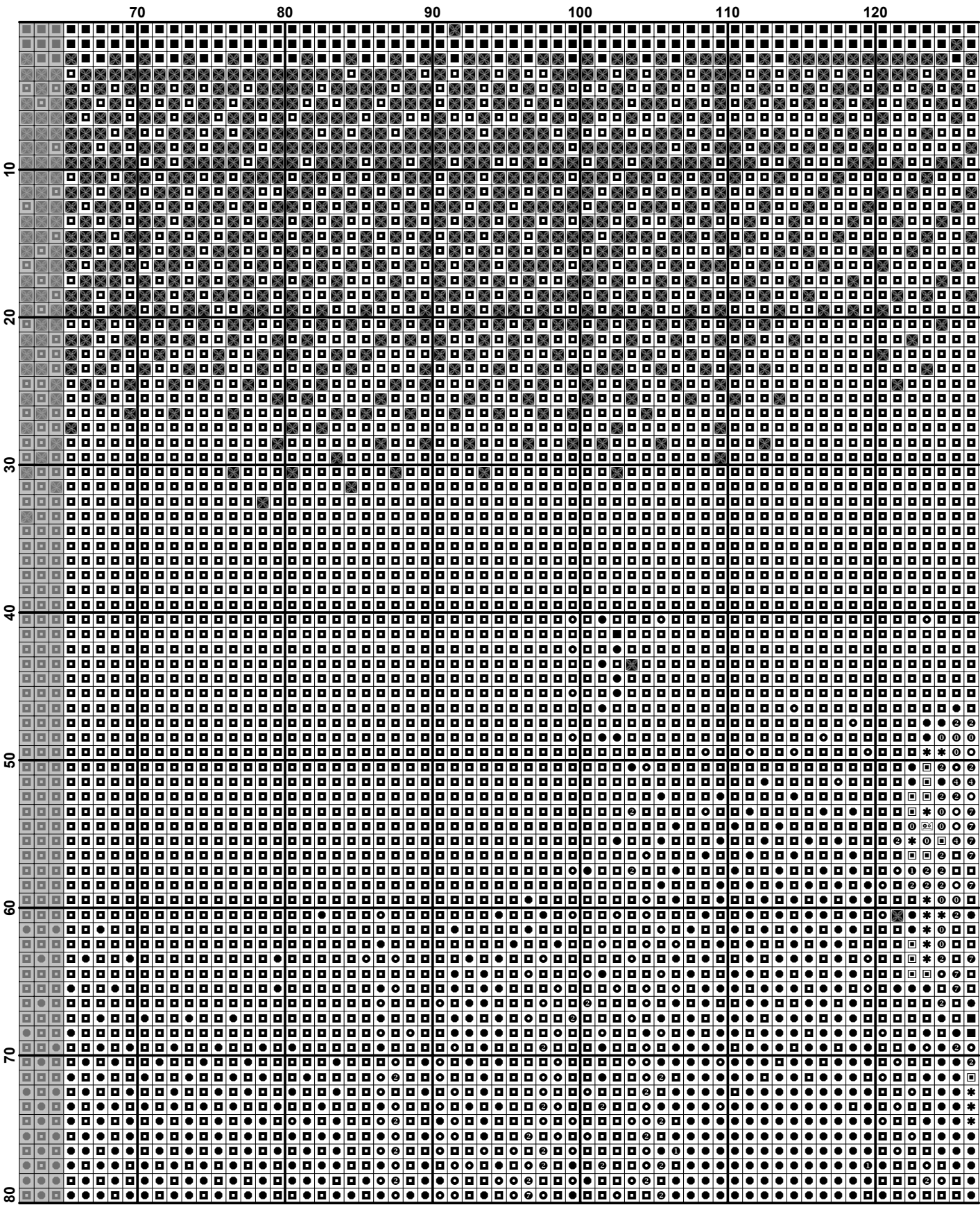
The model for Metamorphosis is stitched over  
1 on 25ct, Linen or Evenweave may be used.  
Please use 1 strand of floss when using evenweave  
and 2 strands for linen.

We also suggest using a #28 needle when working  
over 1 on 25ct.

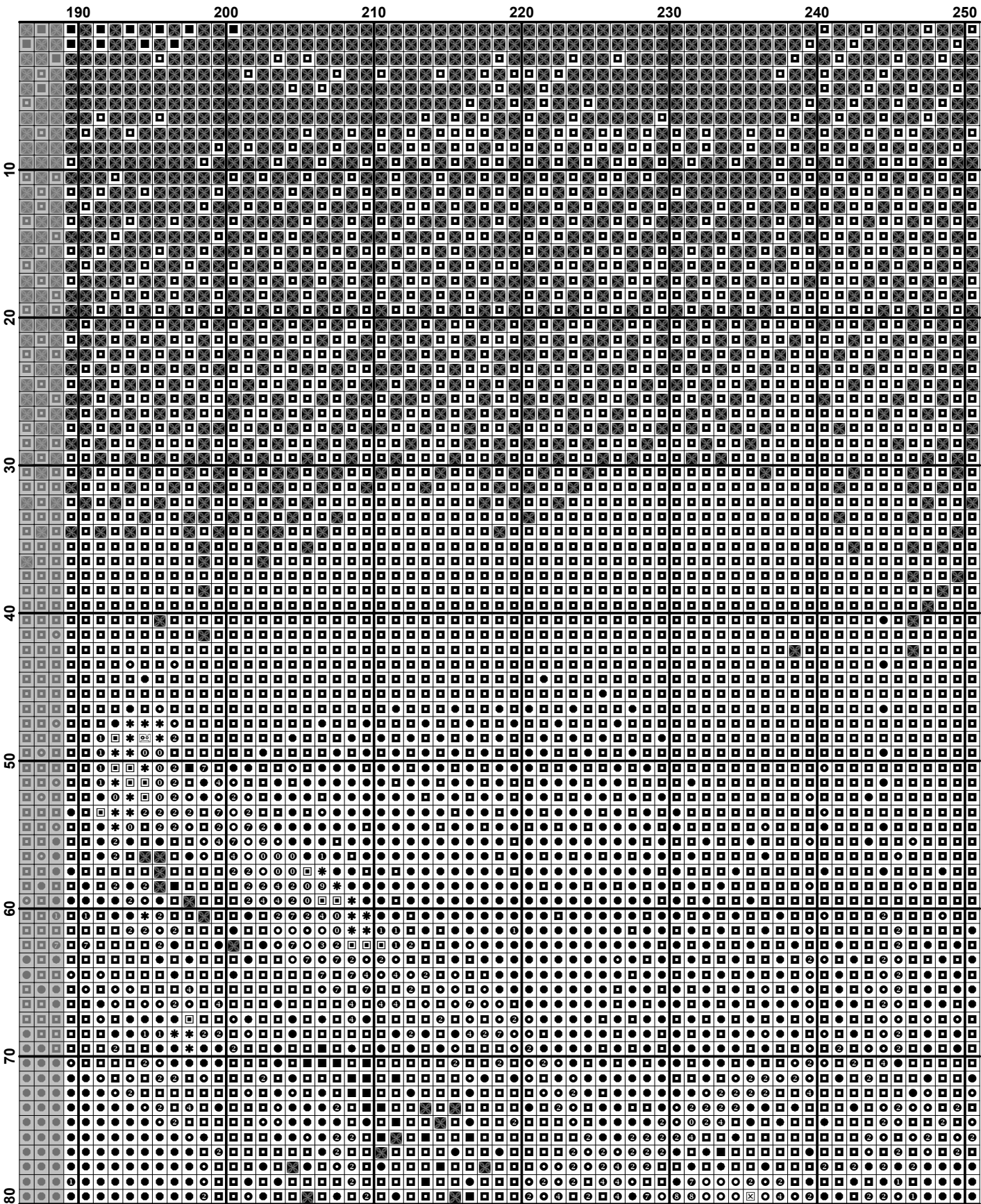
This is a large project that will offer many hours of  
stitching pleasure.

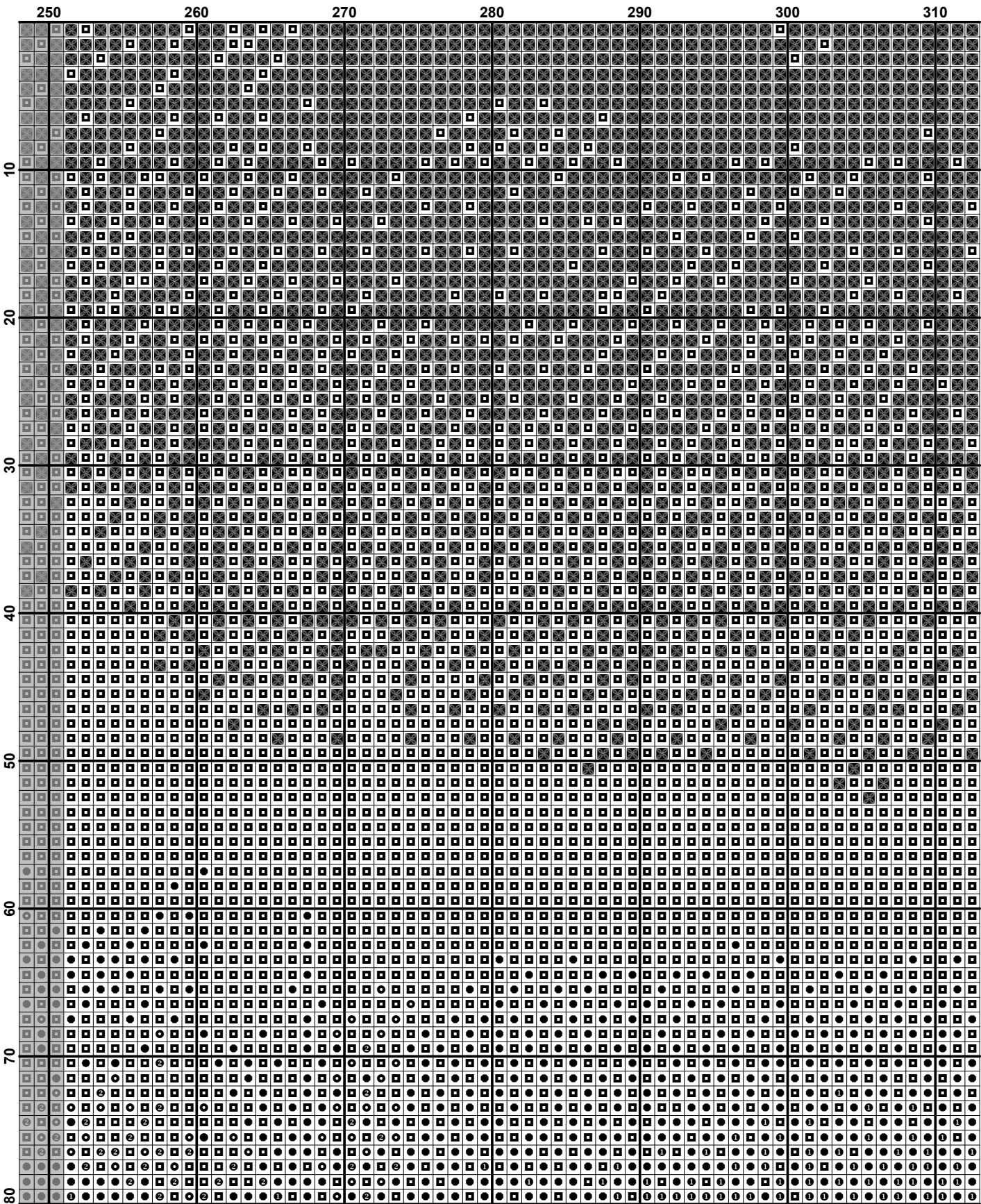
We thank you for purchasing this design and  
welcome any questions or comments  
That you may have.



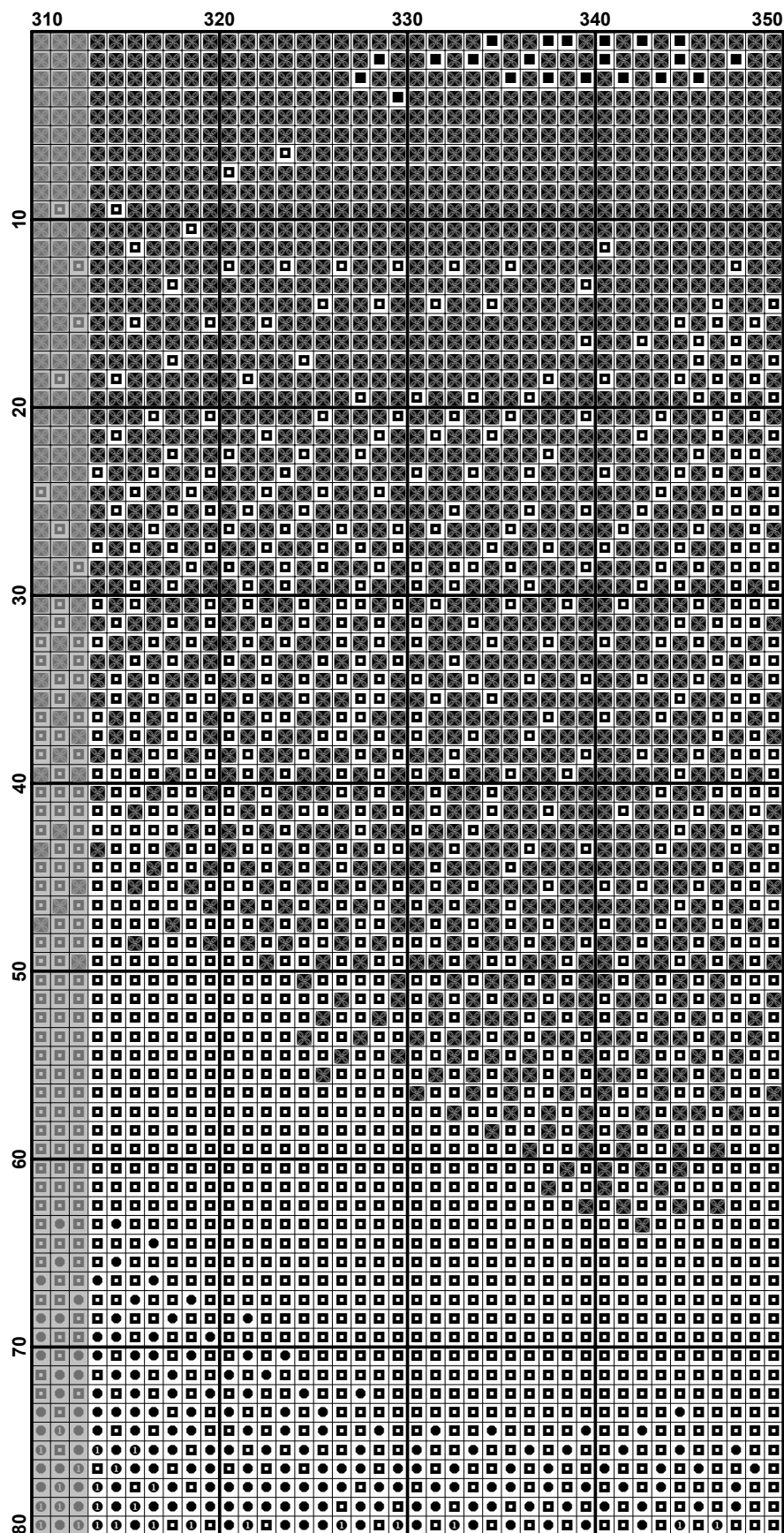


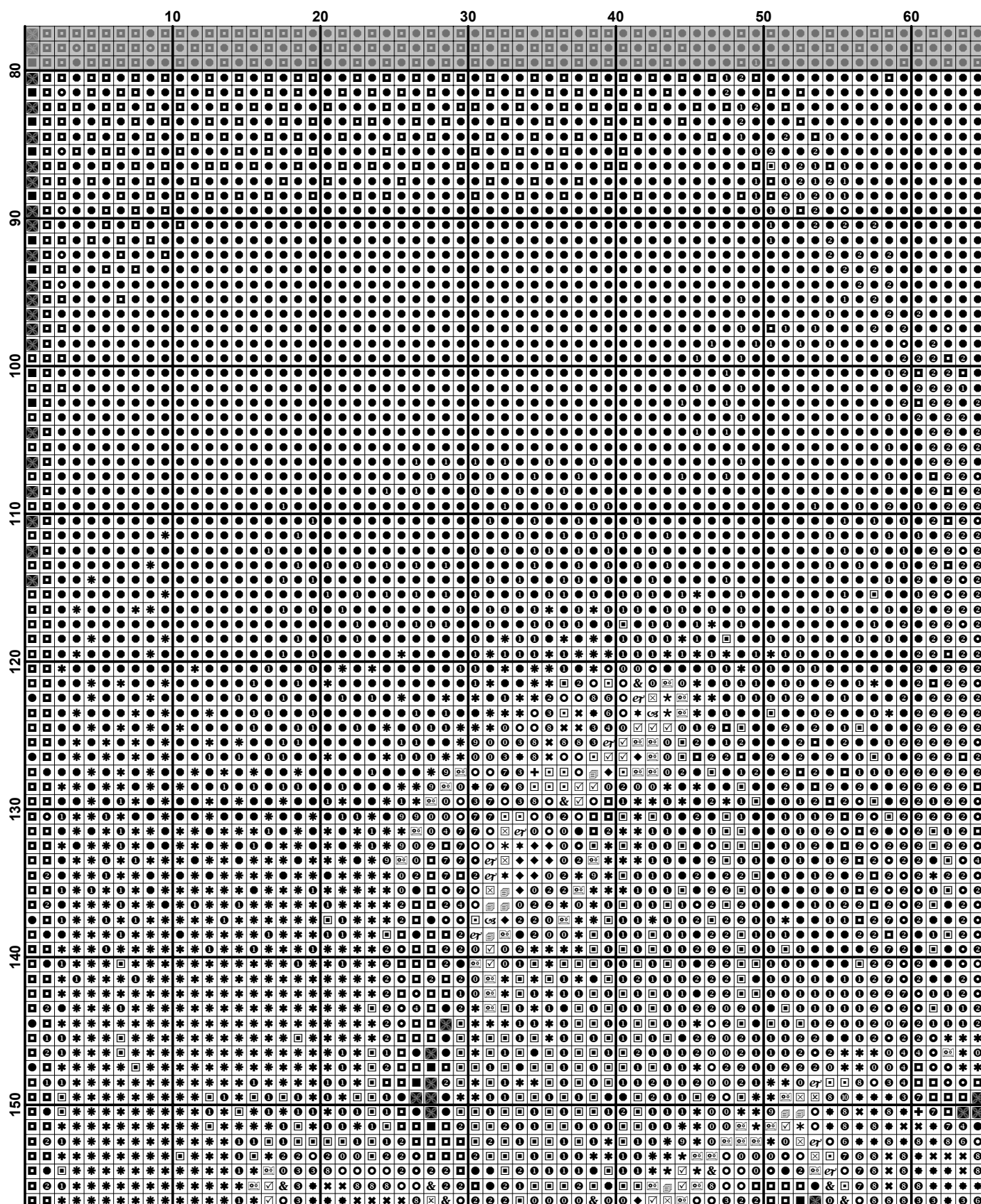


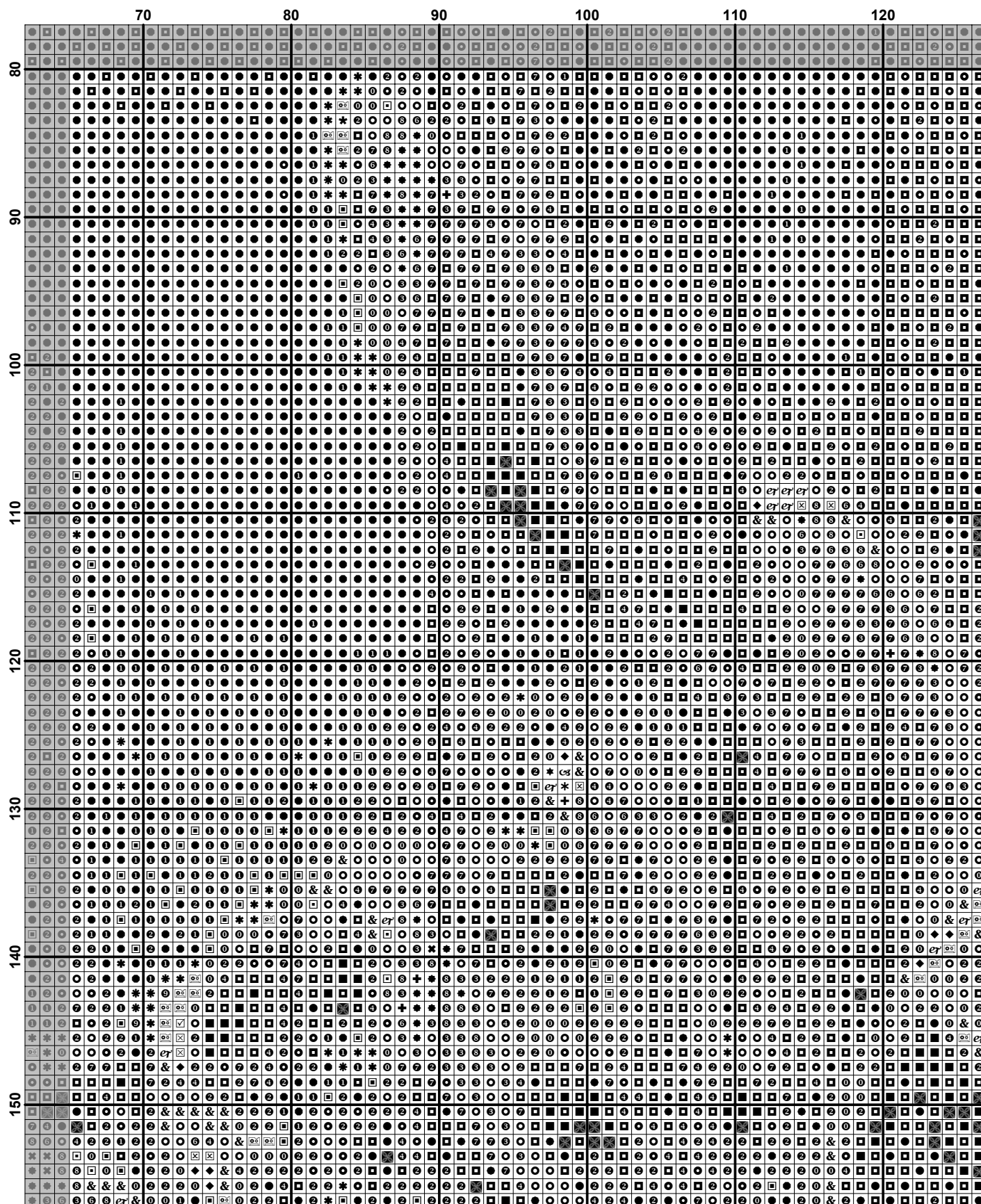


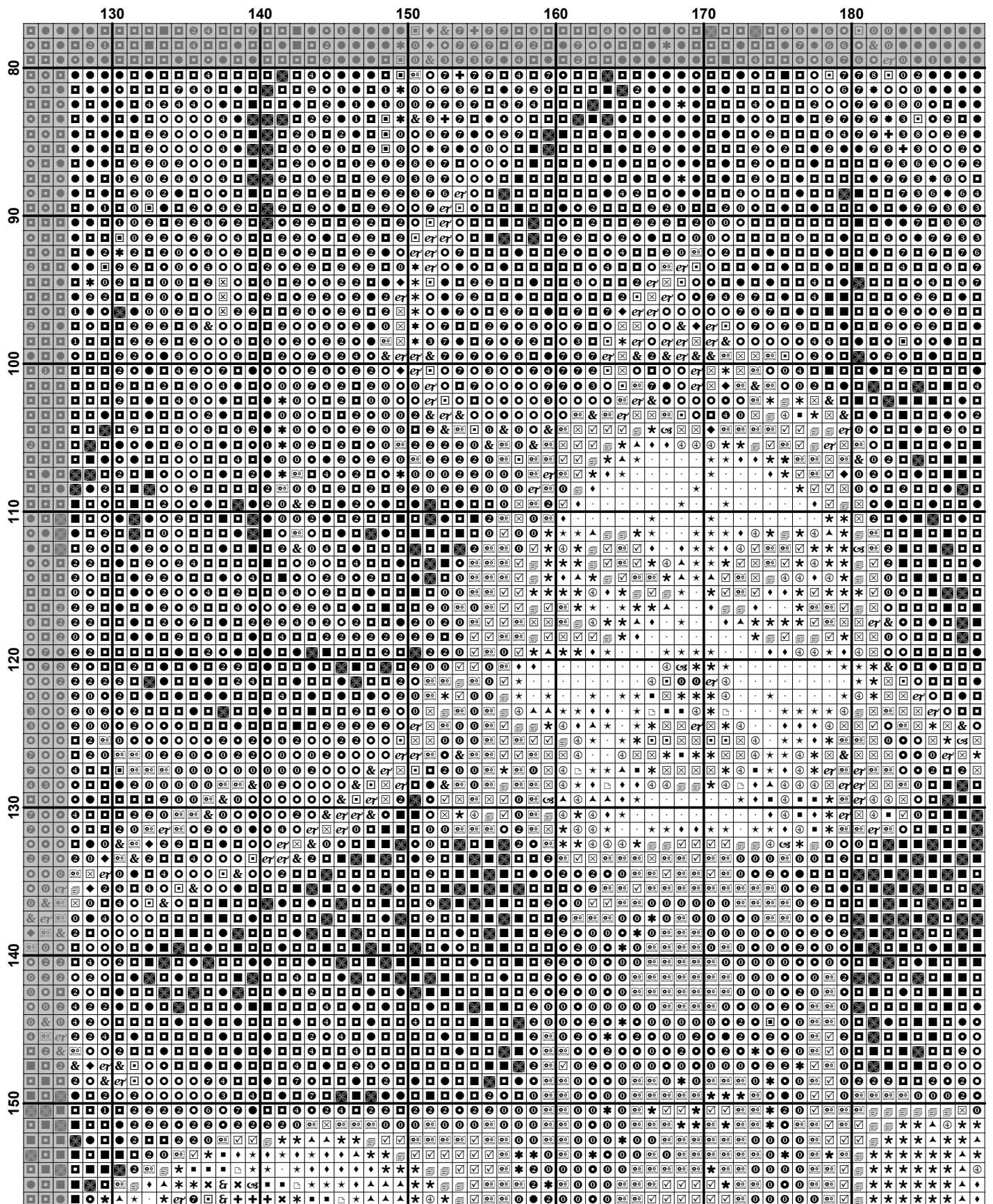


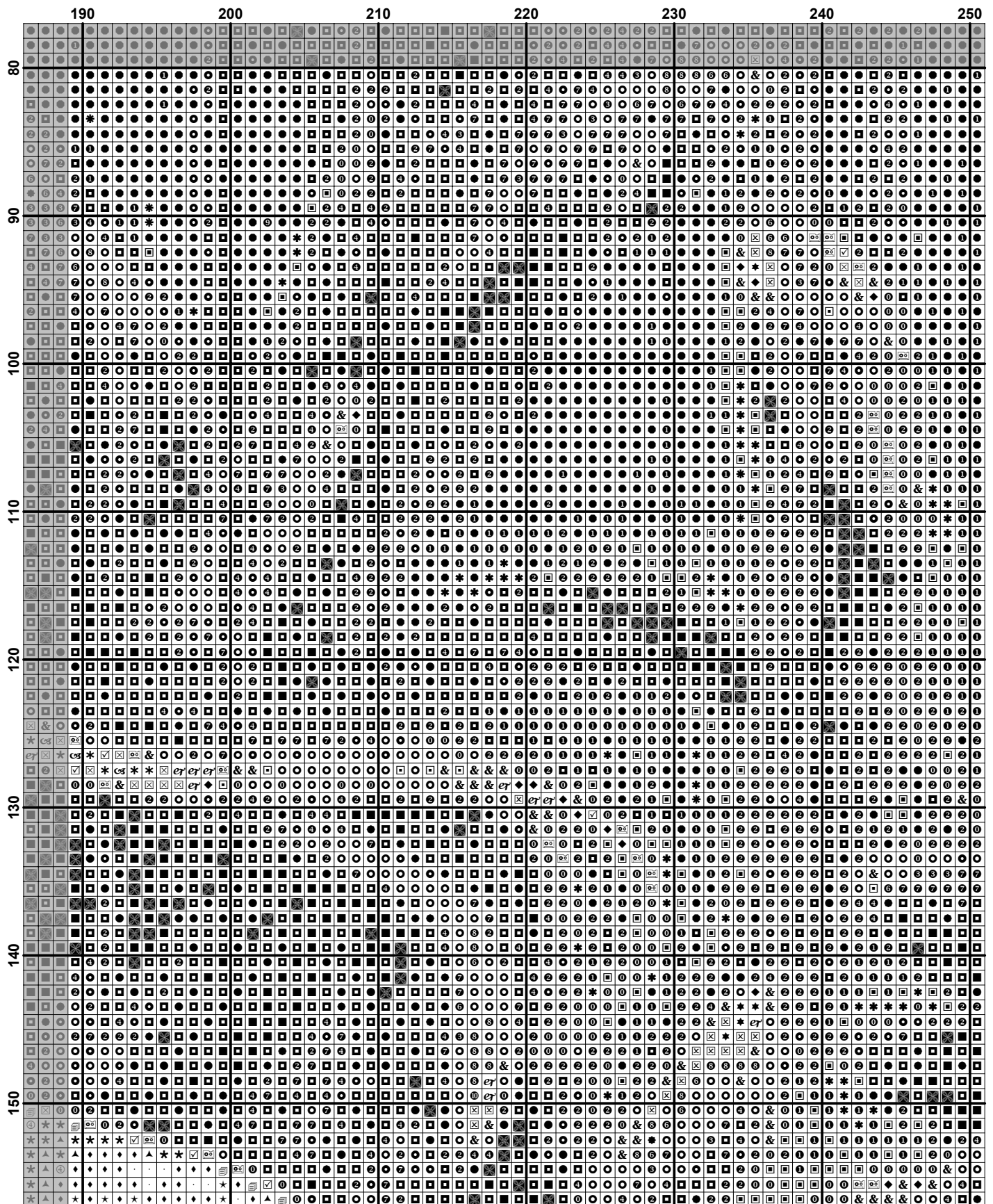


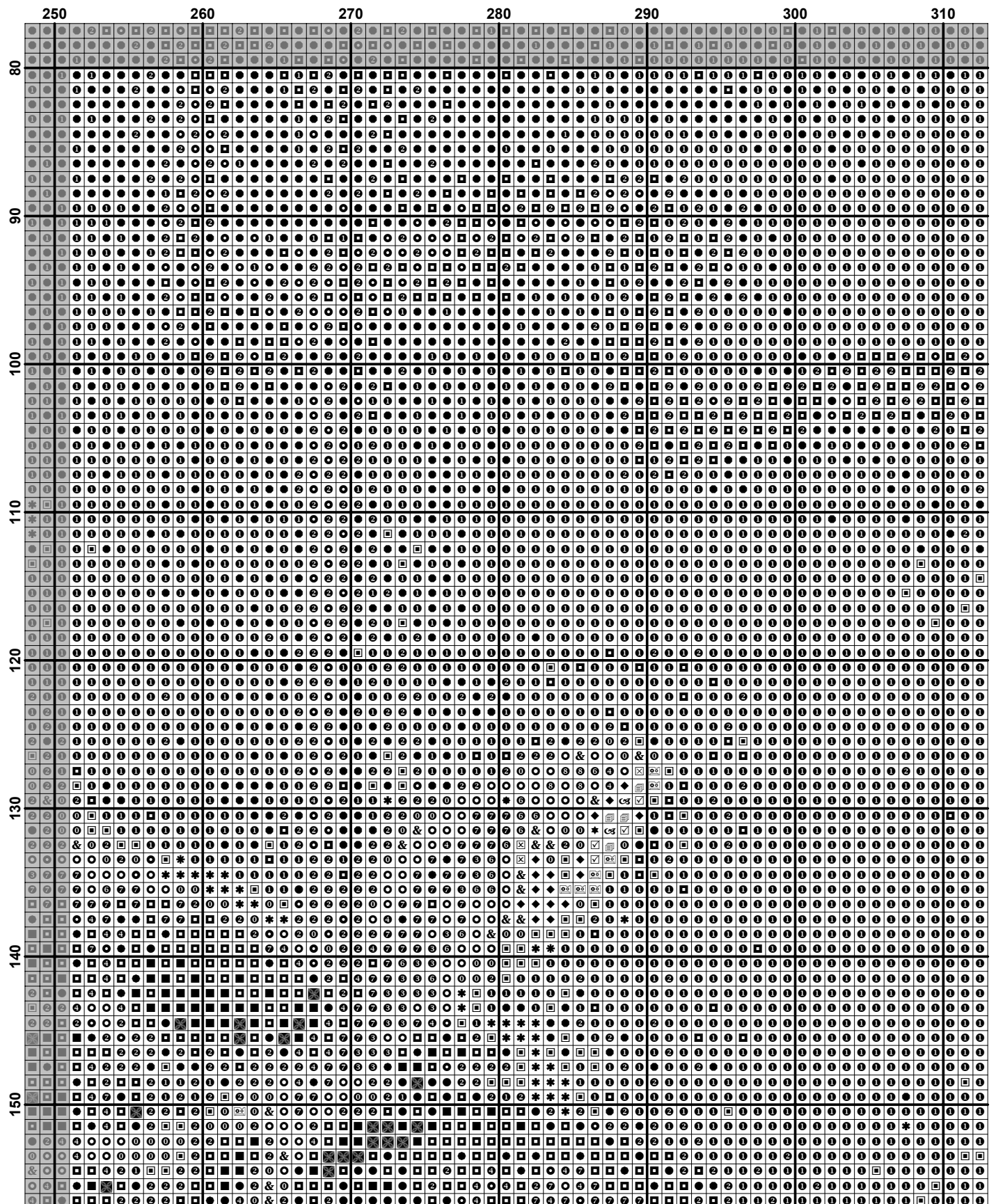


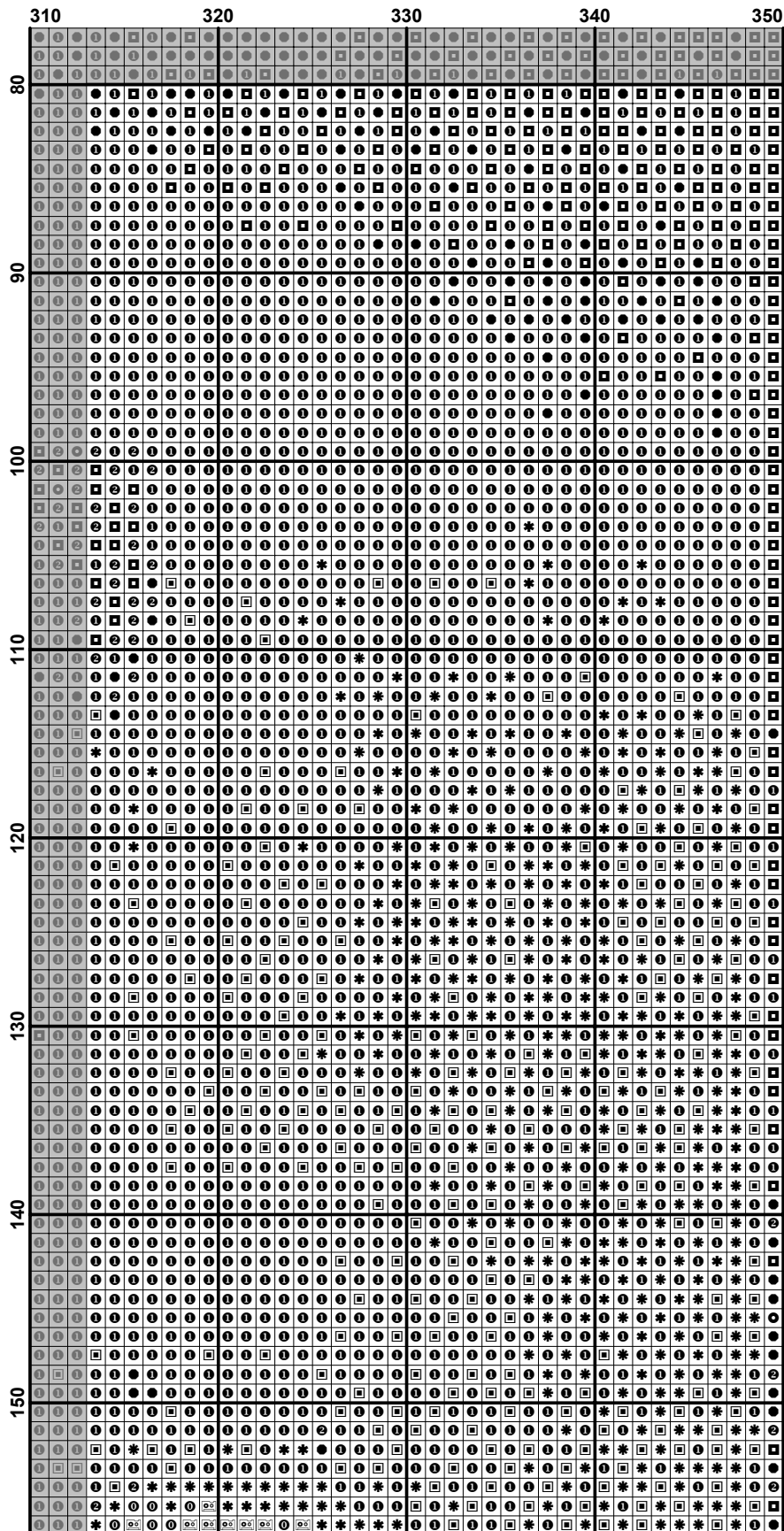












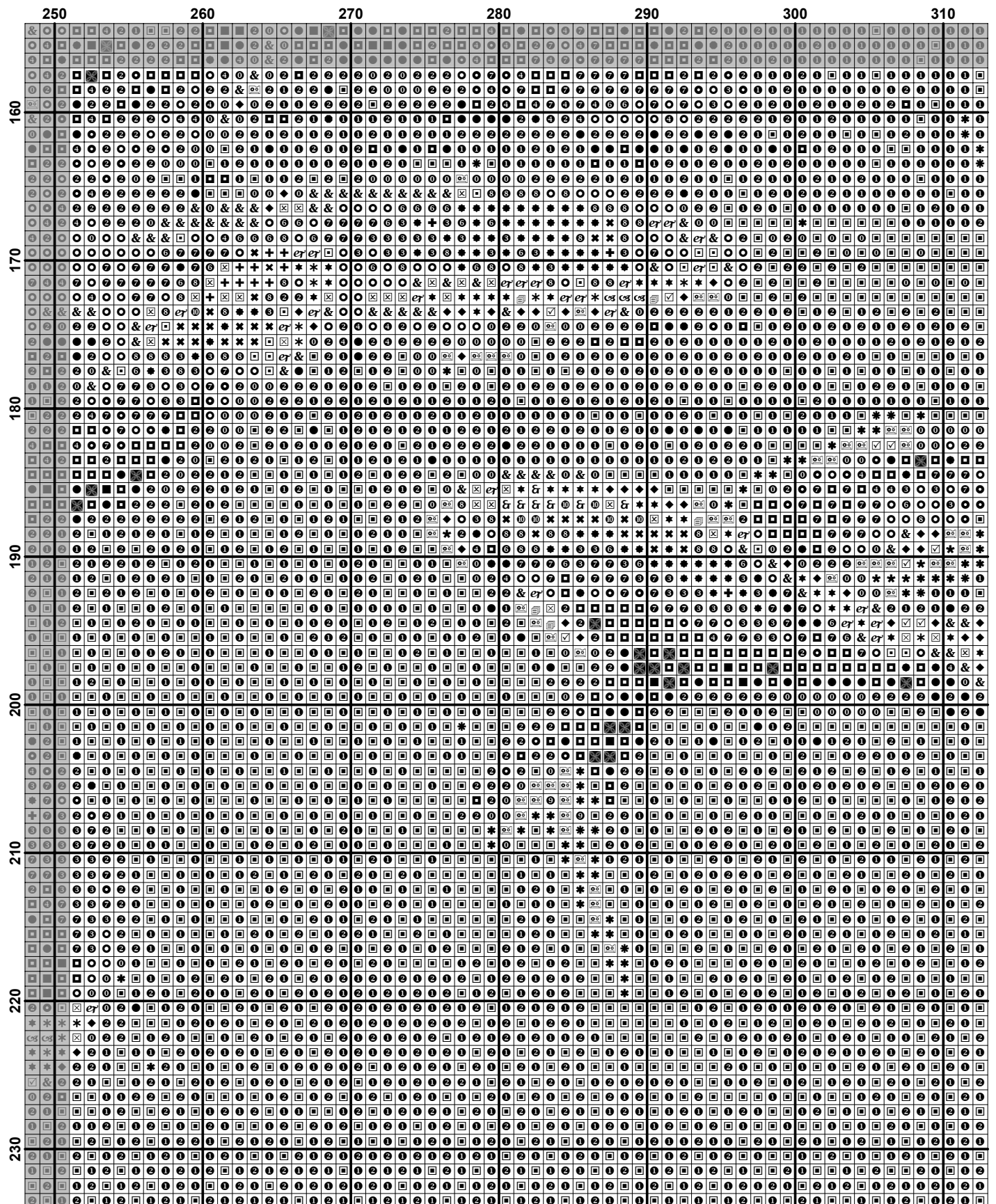
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160						
170						
180						
190						
200						
210						
220						
230						

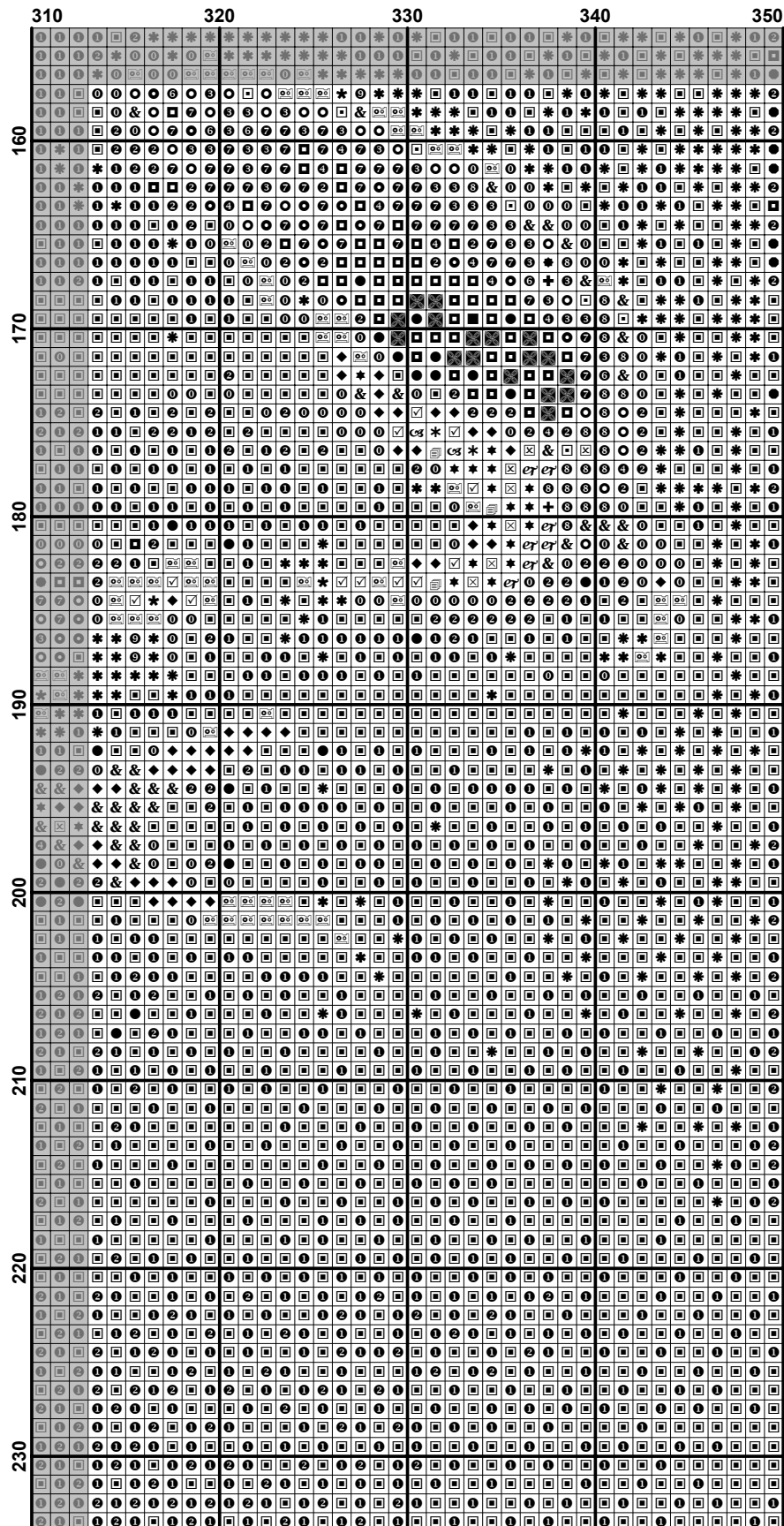


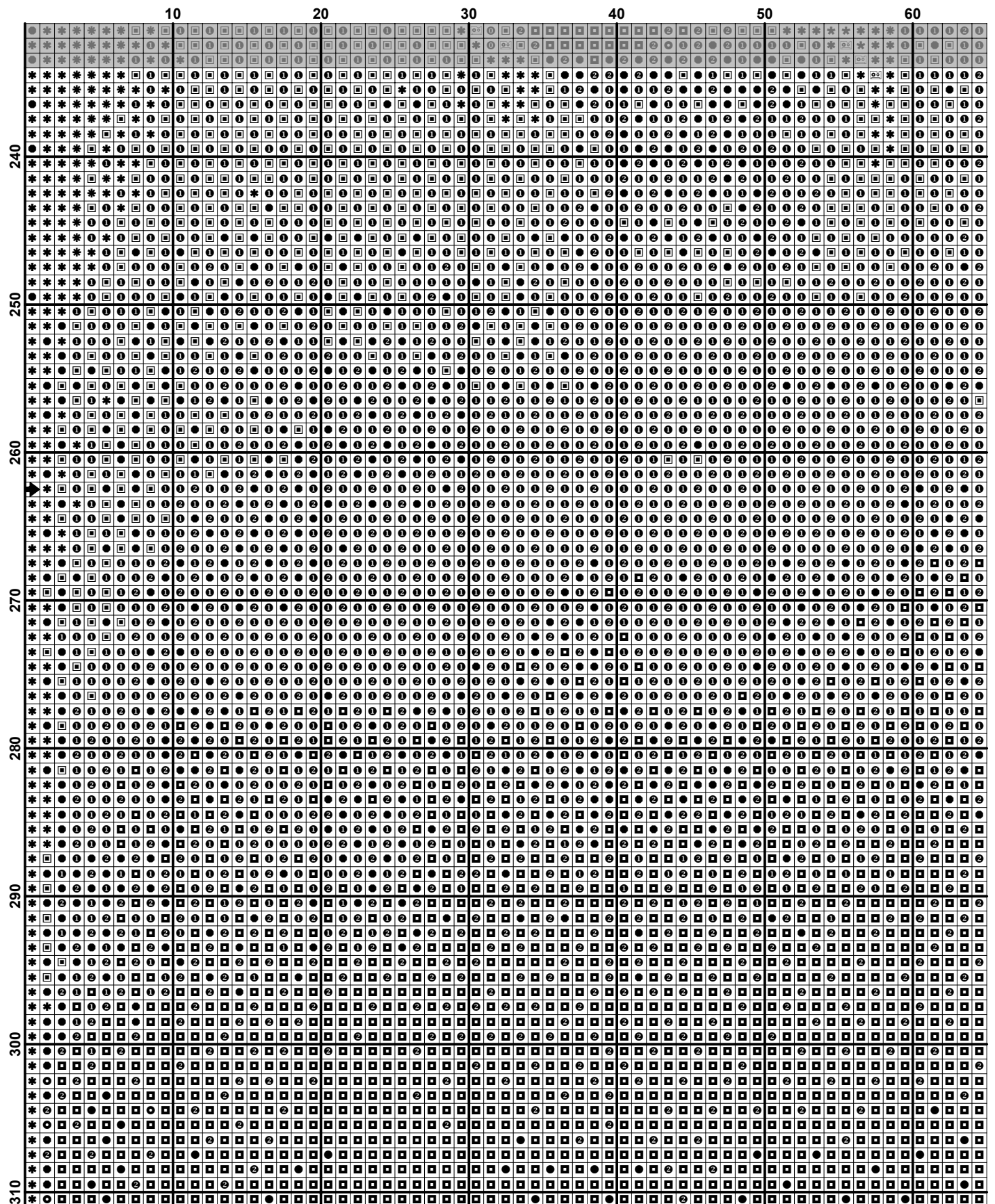
	70	80	90	100	110	120
160	...	...	...	...	...	...
170	...	...	...	...	...	...
180	...	...	...	...	...	...
190	...	...	...	...	...	...
200	...	...	...	...	...	...
210	...	...	...	...	...	...
220	...	...	...	...	...	...
230	...	...	...	...	...	...

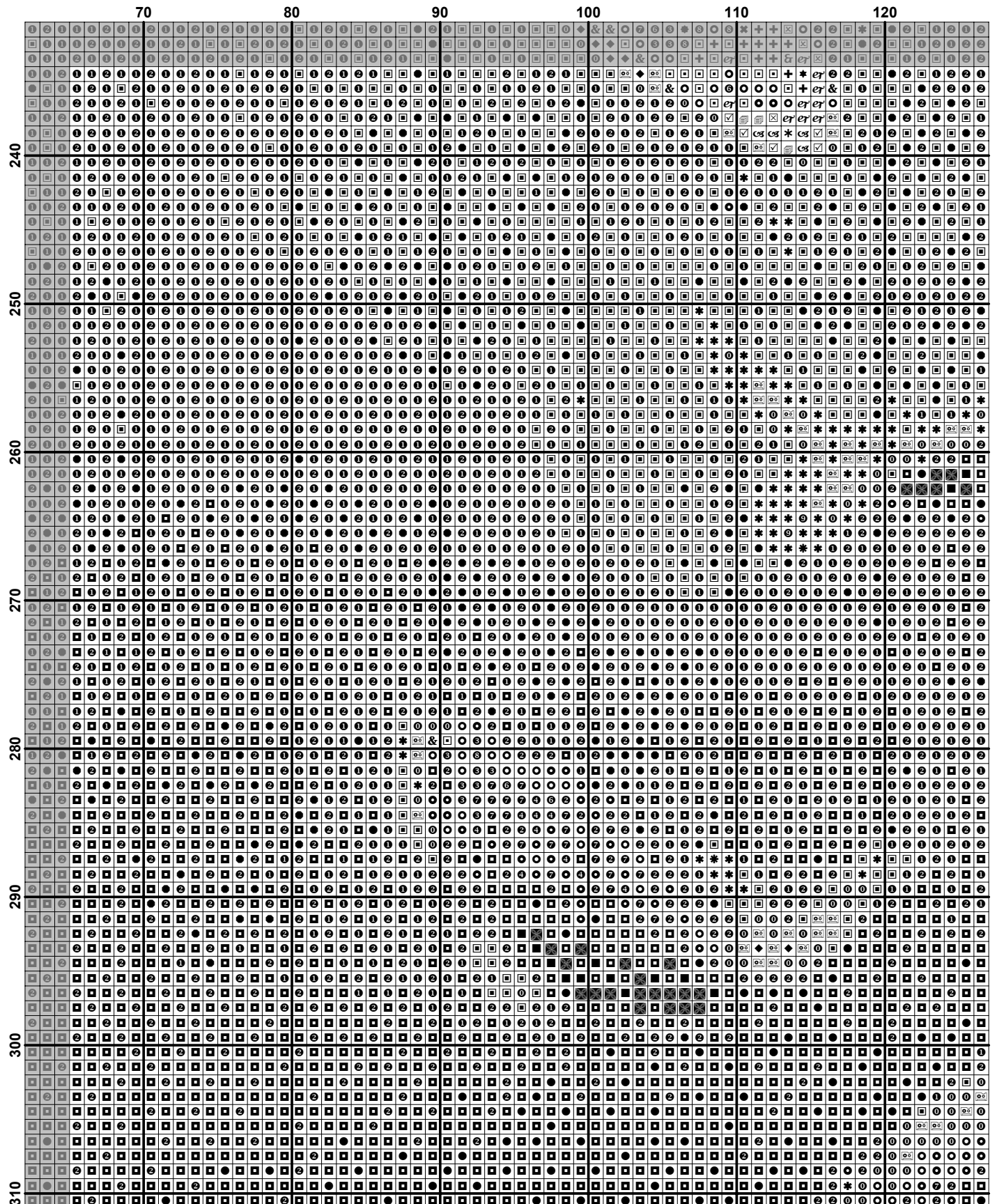
	130	140	150	160	170	180
160						
170						
180						
190						
200						
210						
220						
230						







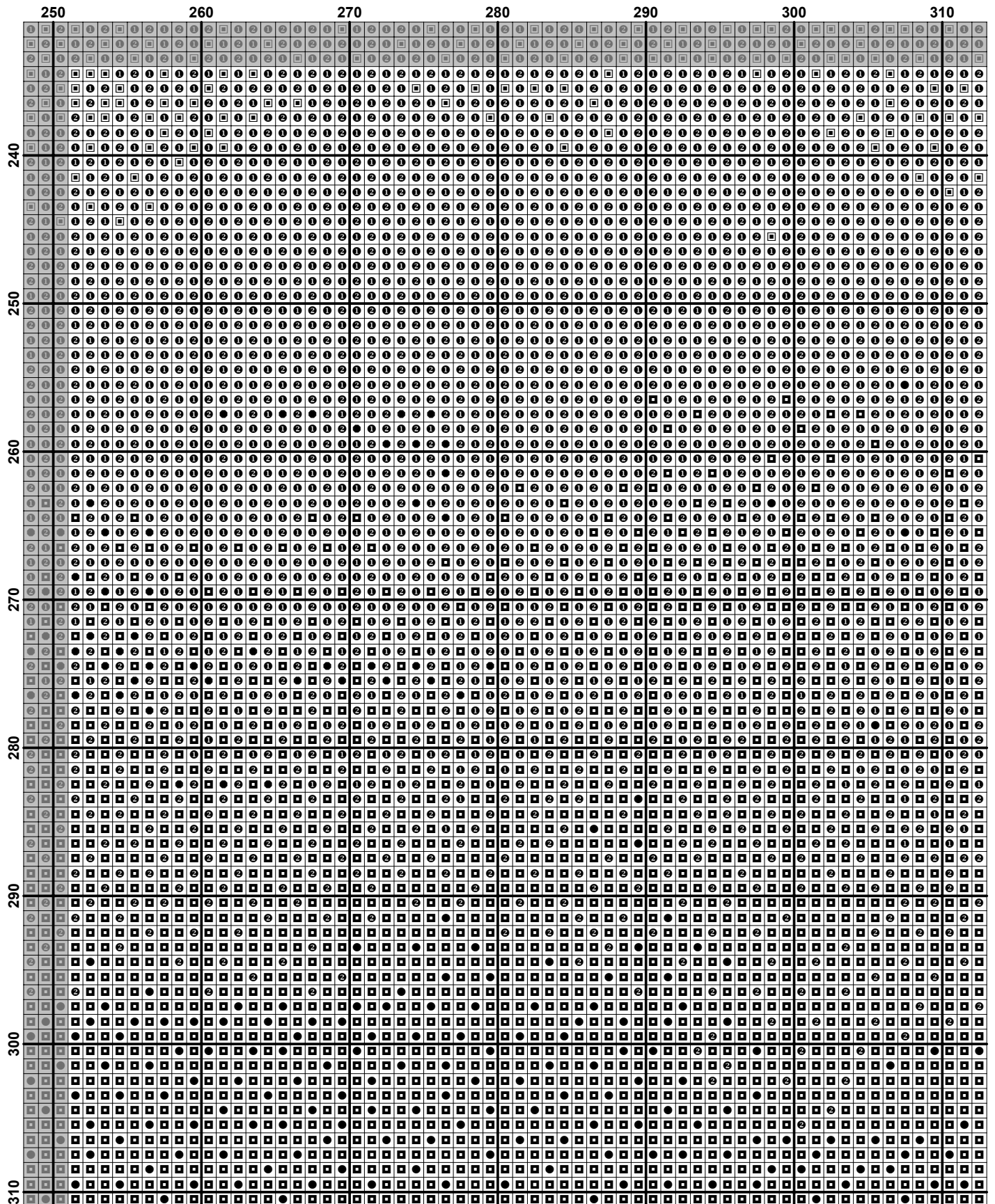


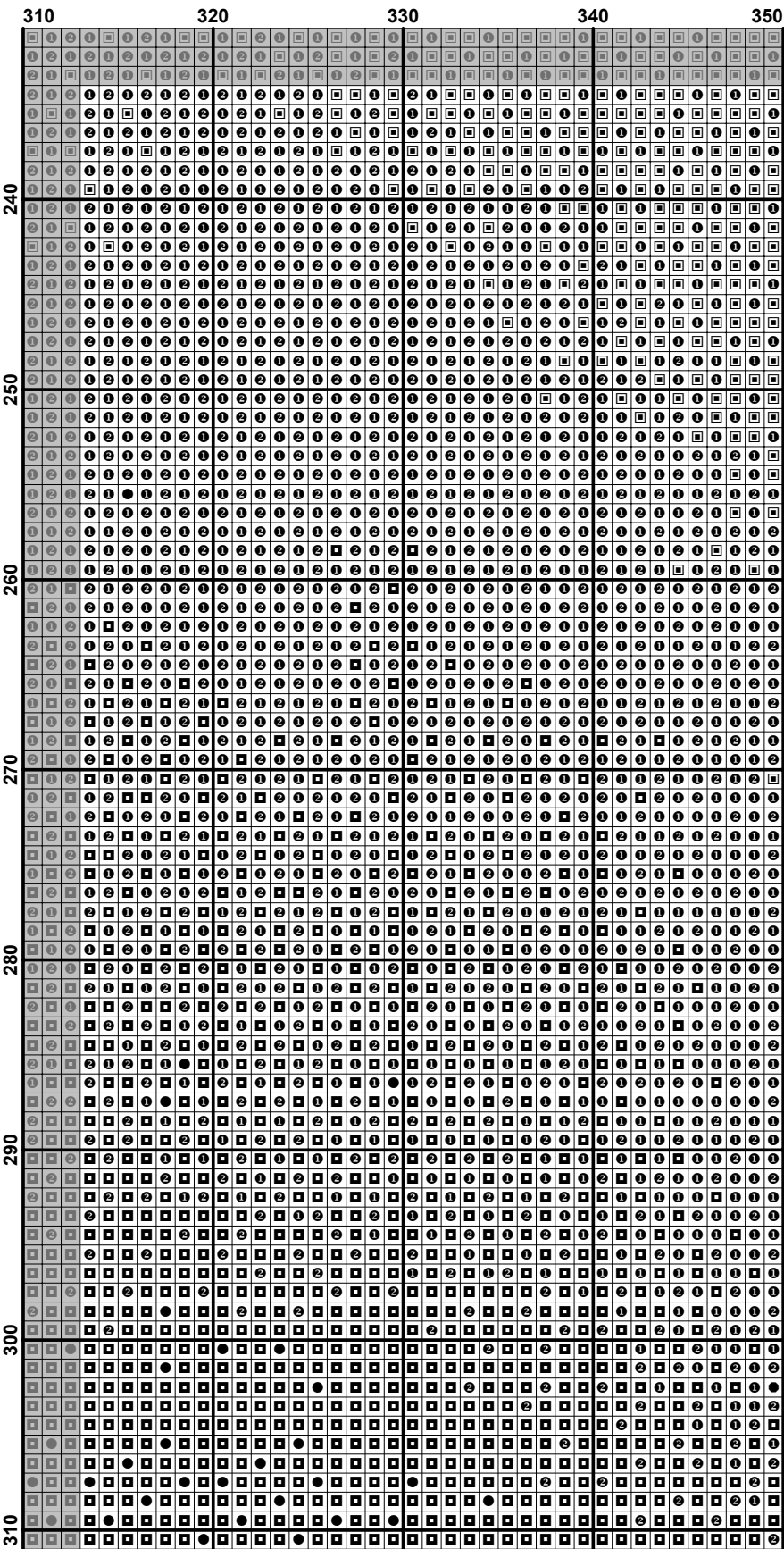


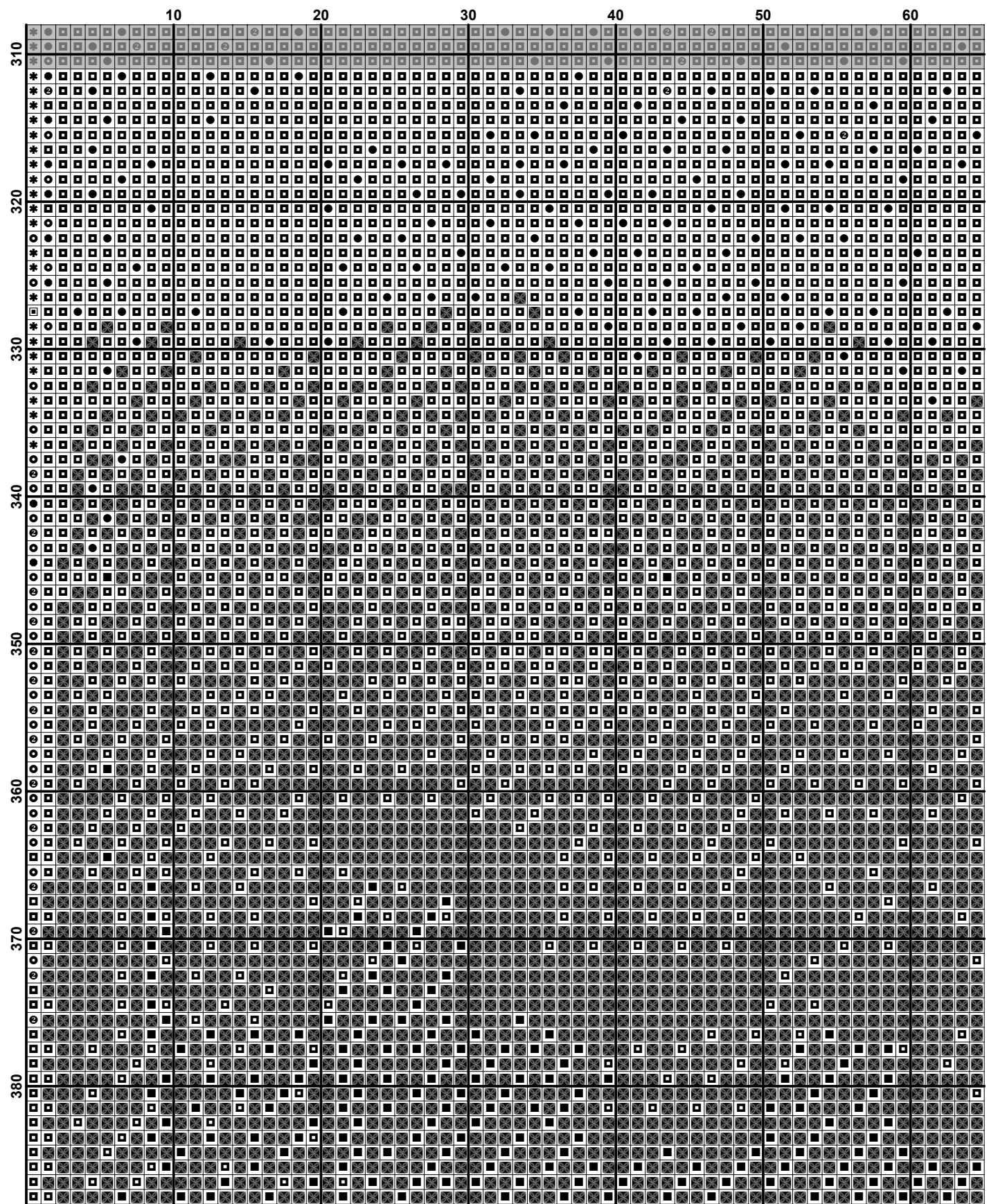
	130	140	150	160	170	180
240						
250						
260						
270						
280						
290						
300						
310						

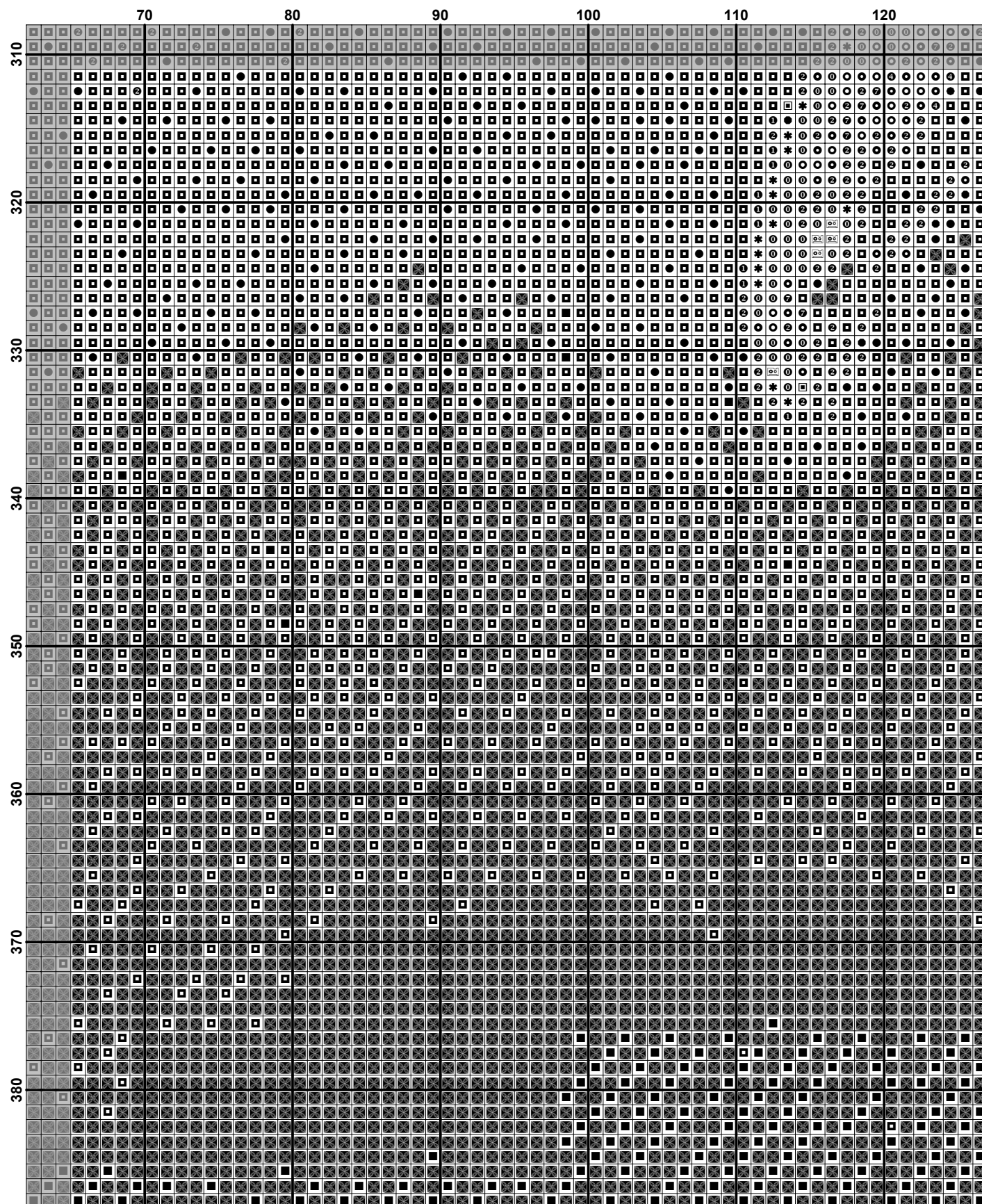


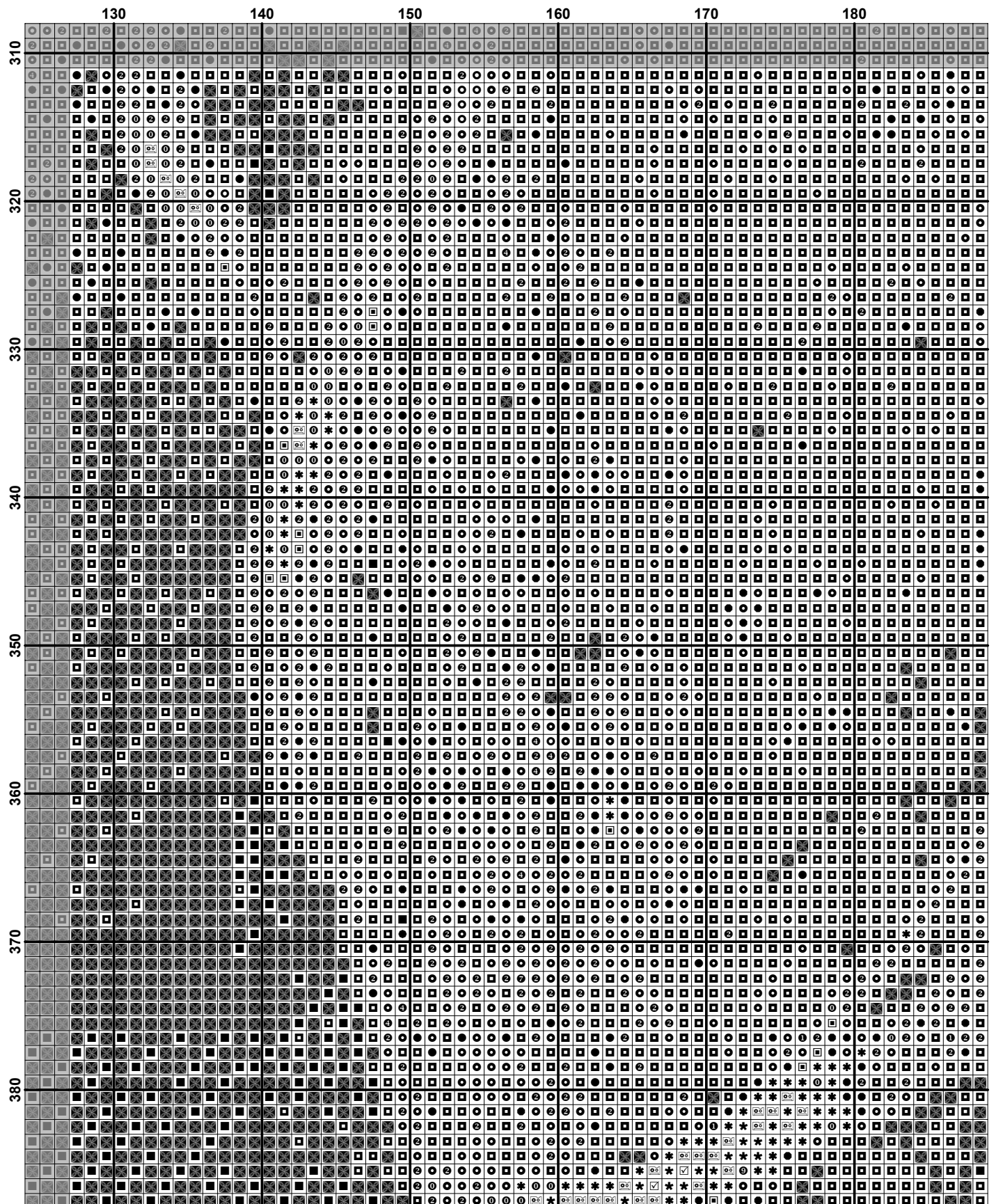
	190	200	210	220	230	240	250
240	...	...	...	...	...	...	...
250	...	...	...	...	...	...	...
260	...	...	...	...	...	...	...
270	...	...	...	...	...	...	...
280	...	...	...	...	...	...	...
290	...	...	...	...	...	...	...
300	...	...	...	...	...	...	...
310	...	...	...	...	...	...	...

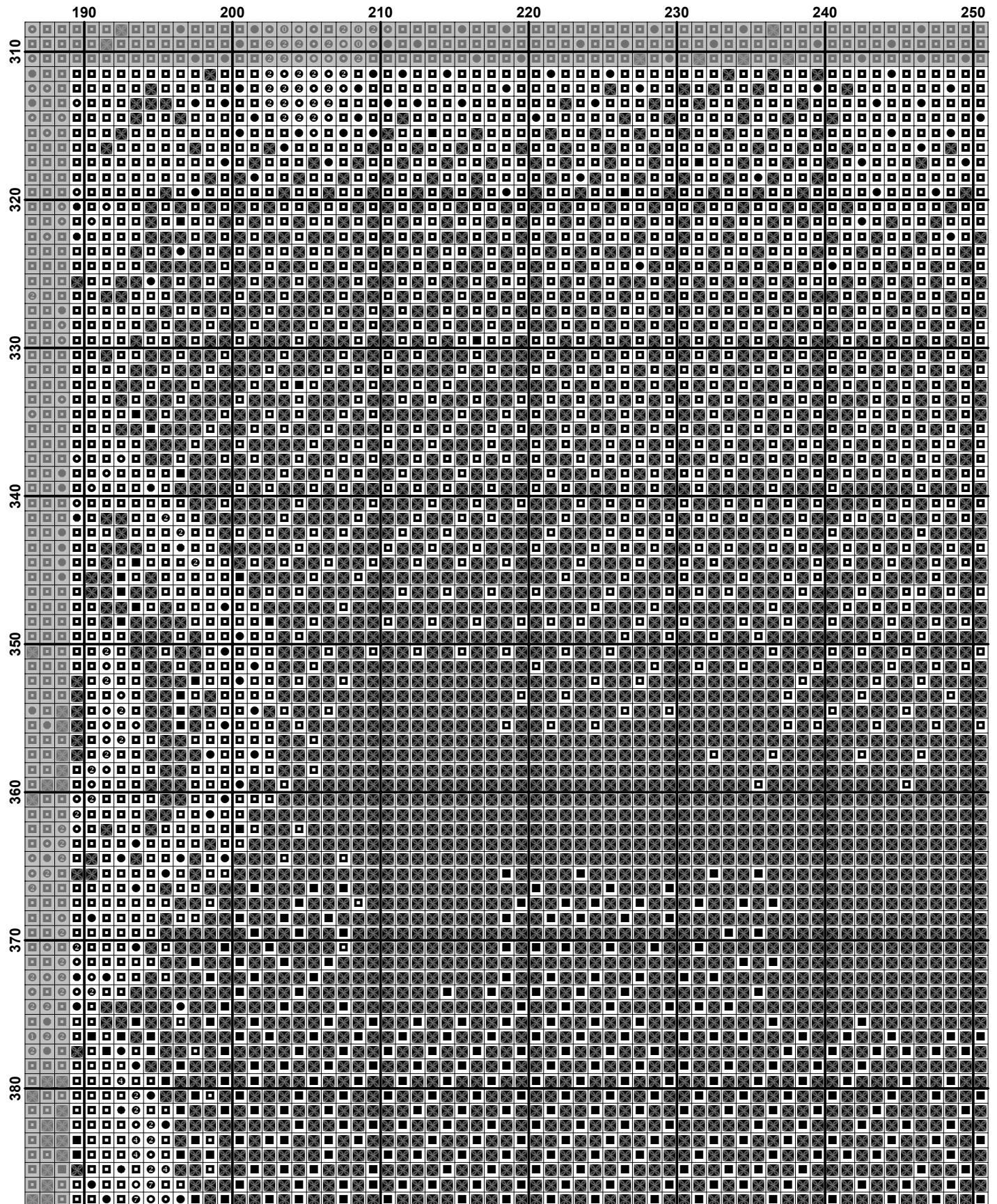


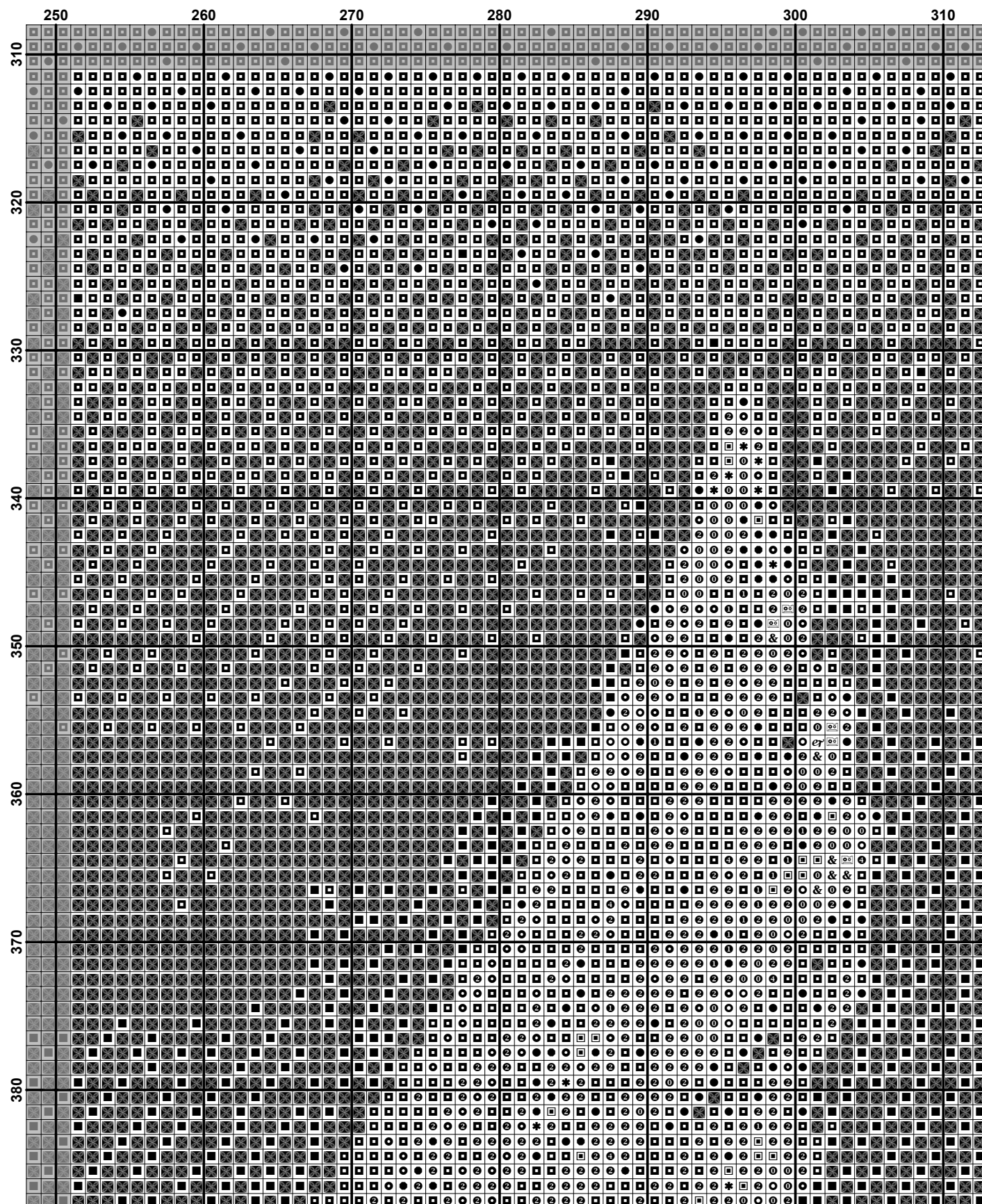




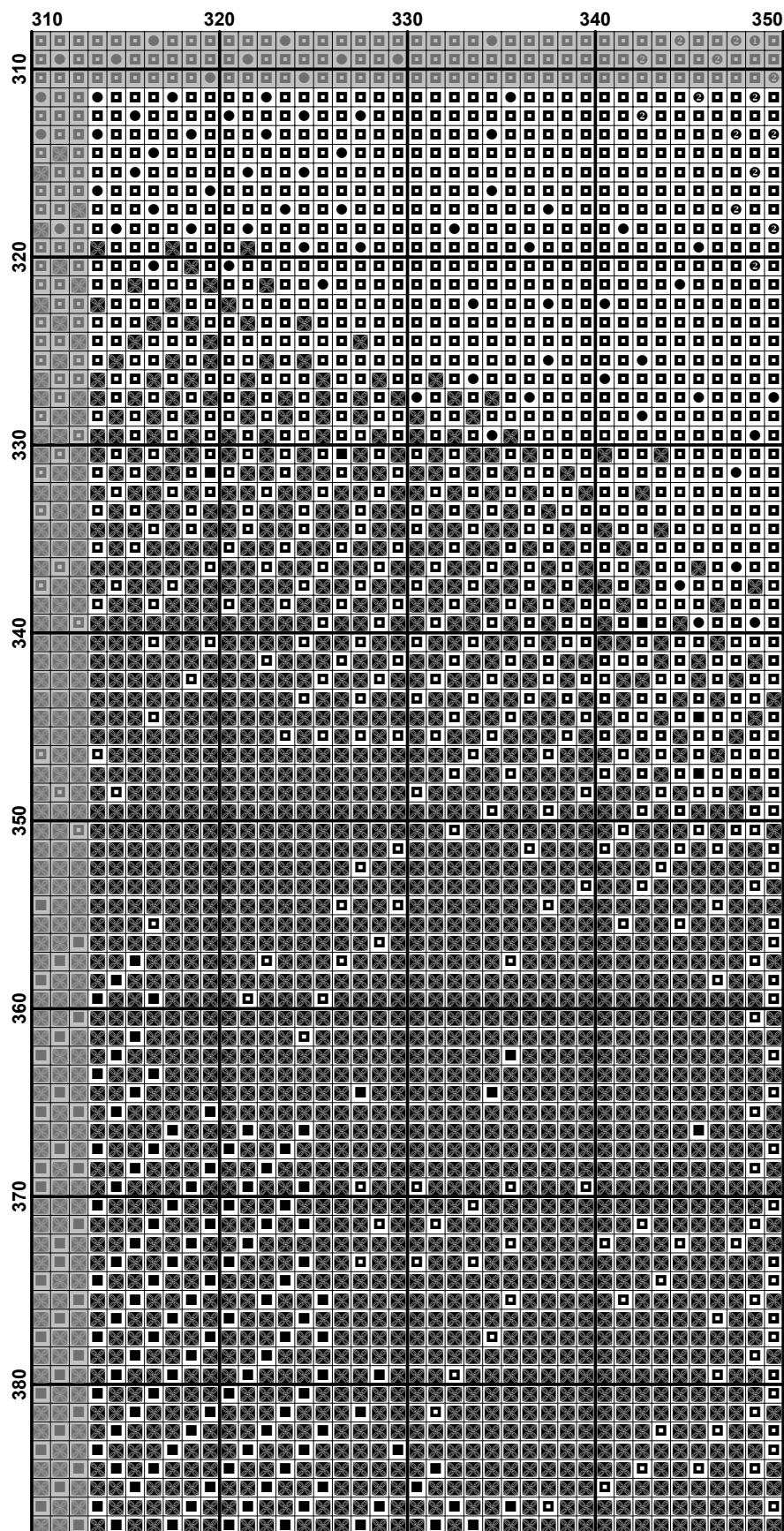


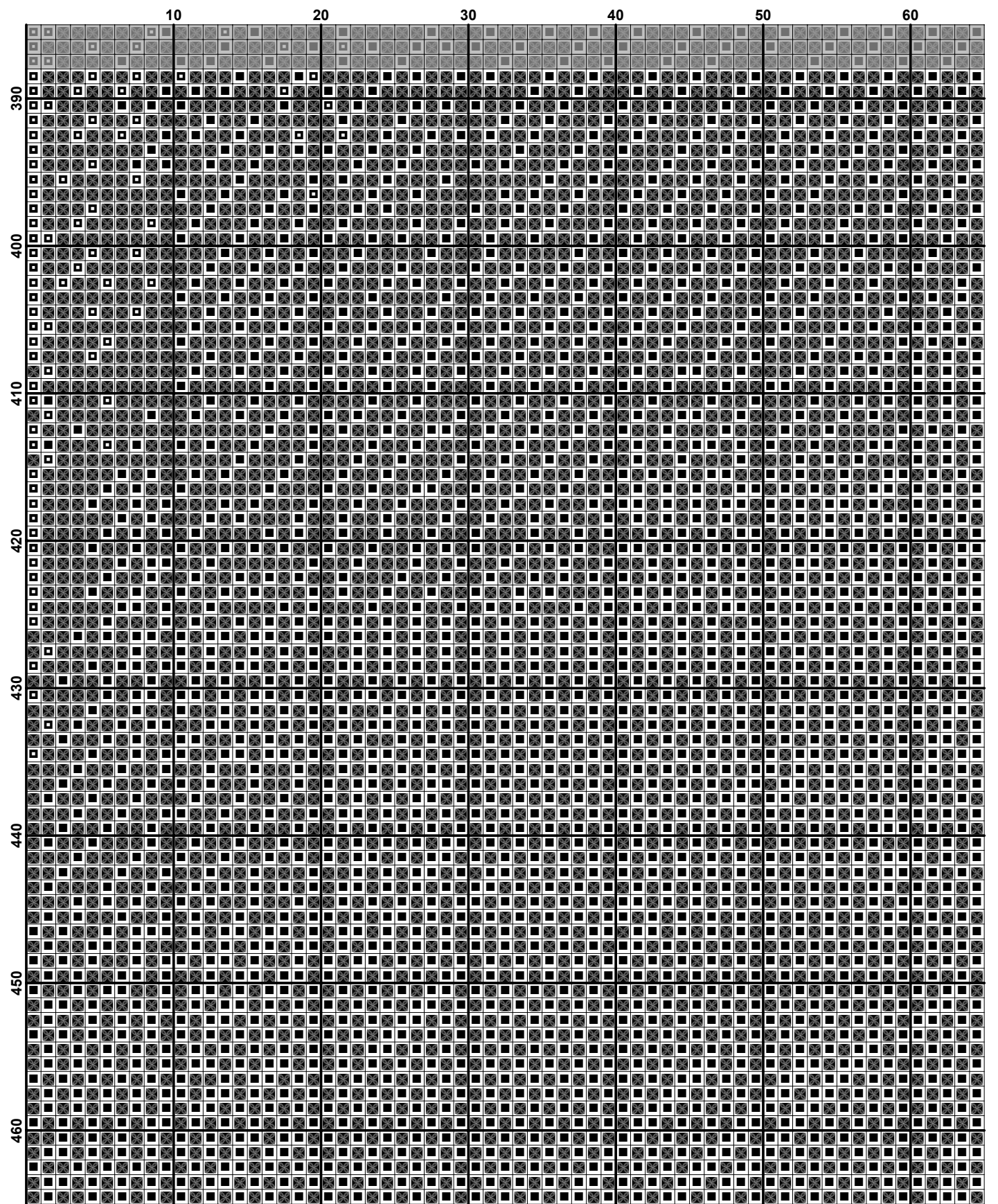


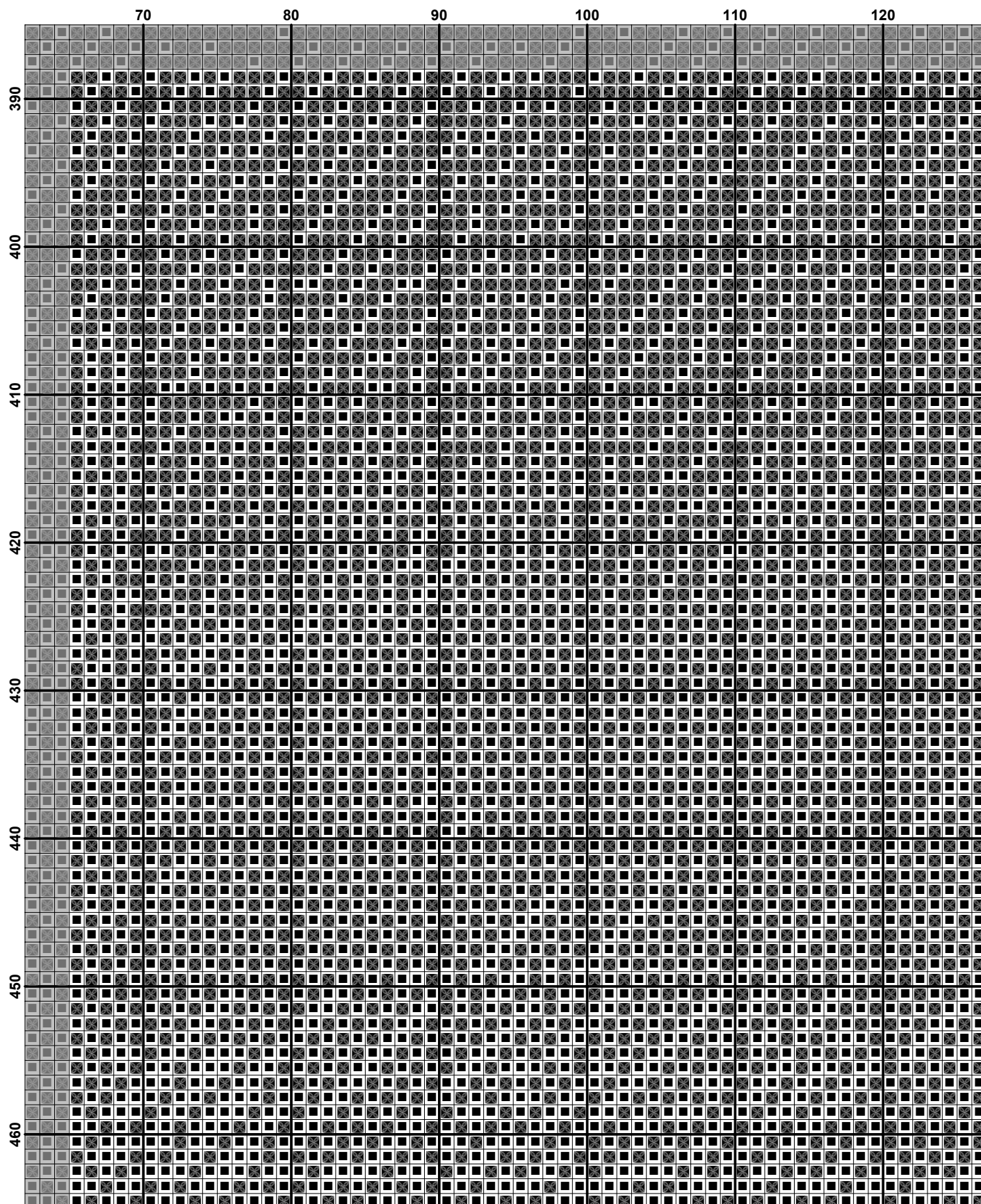


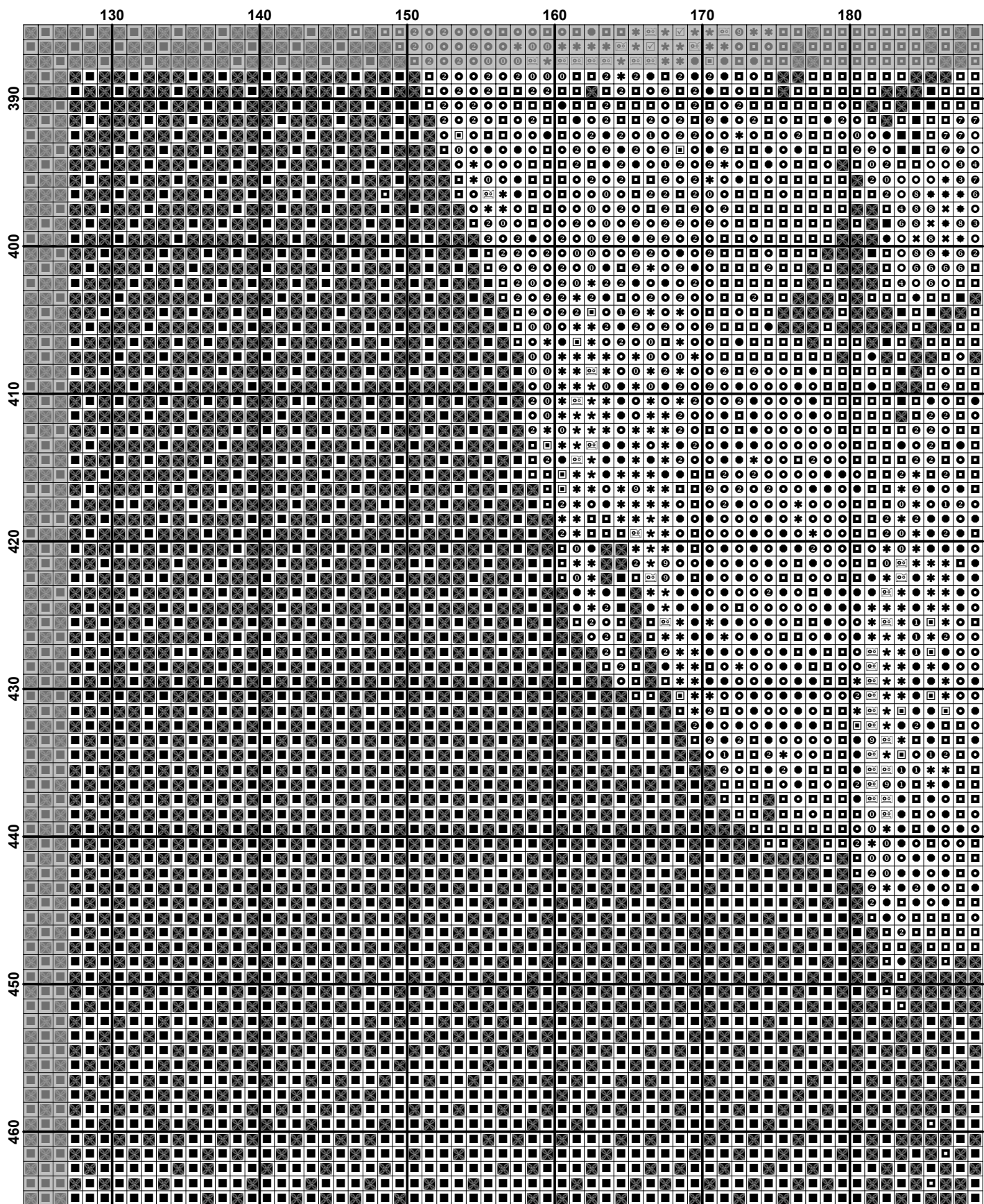


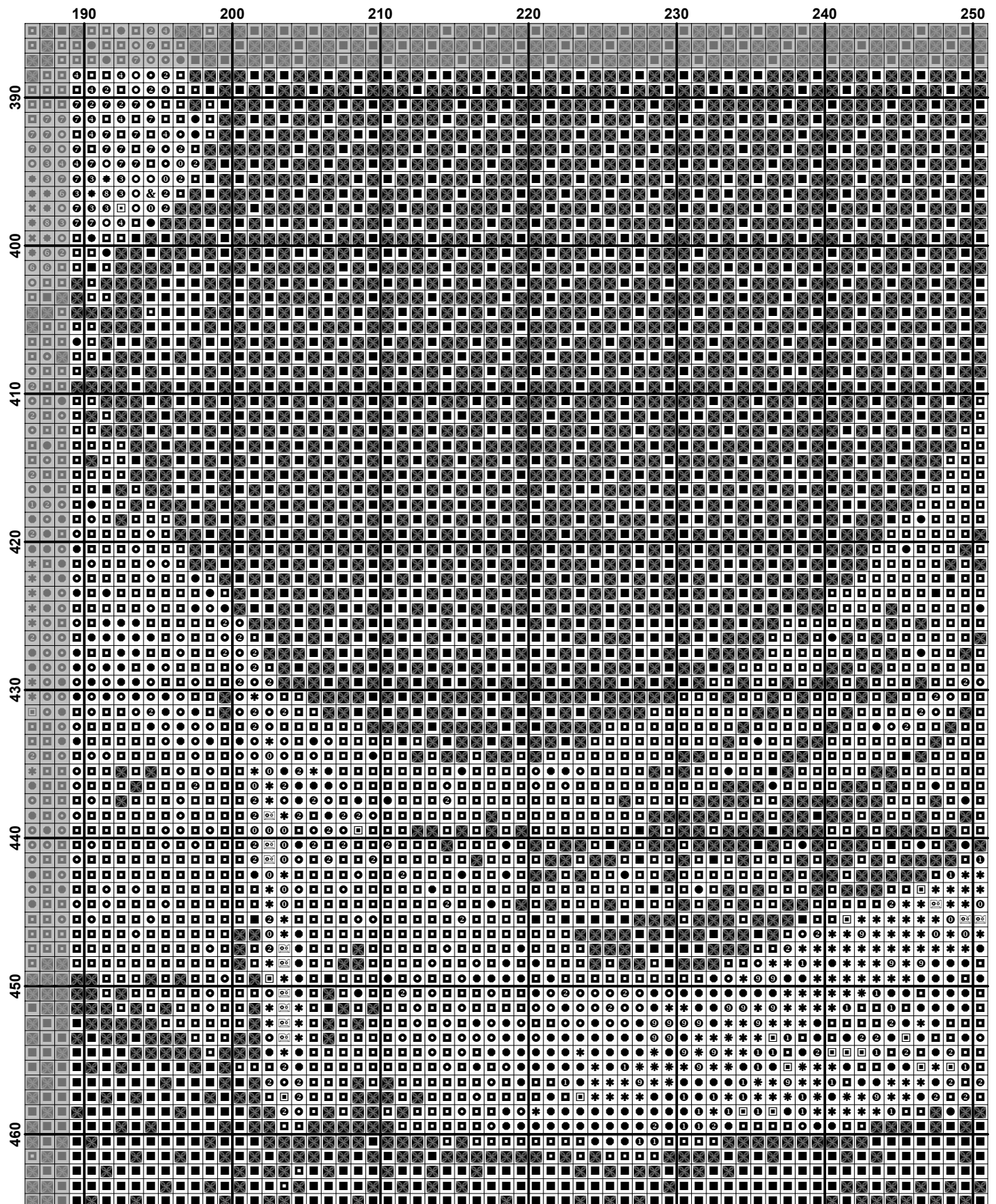


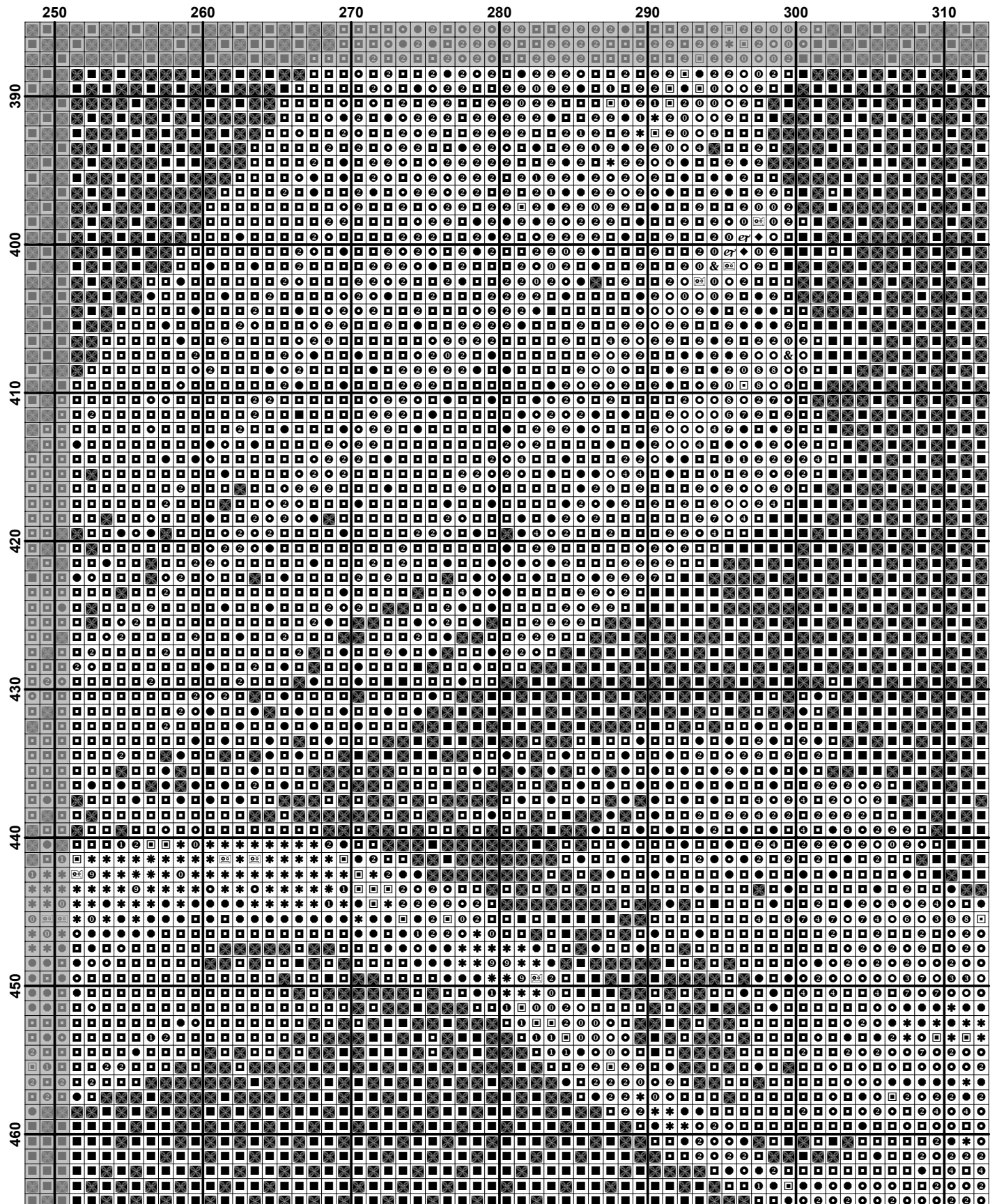


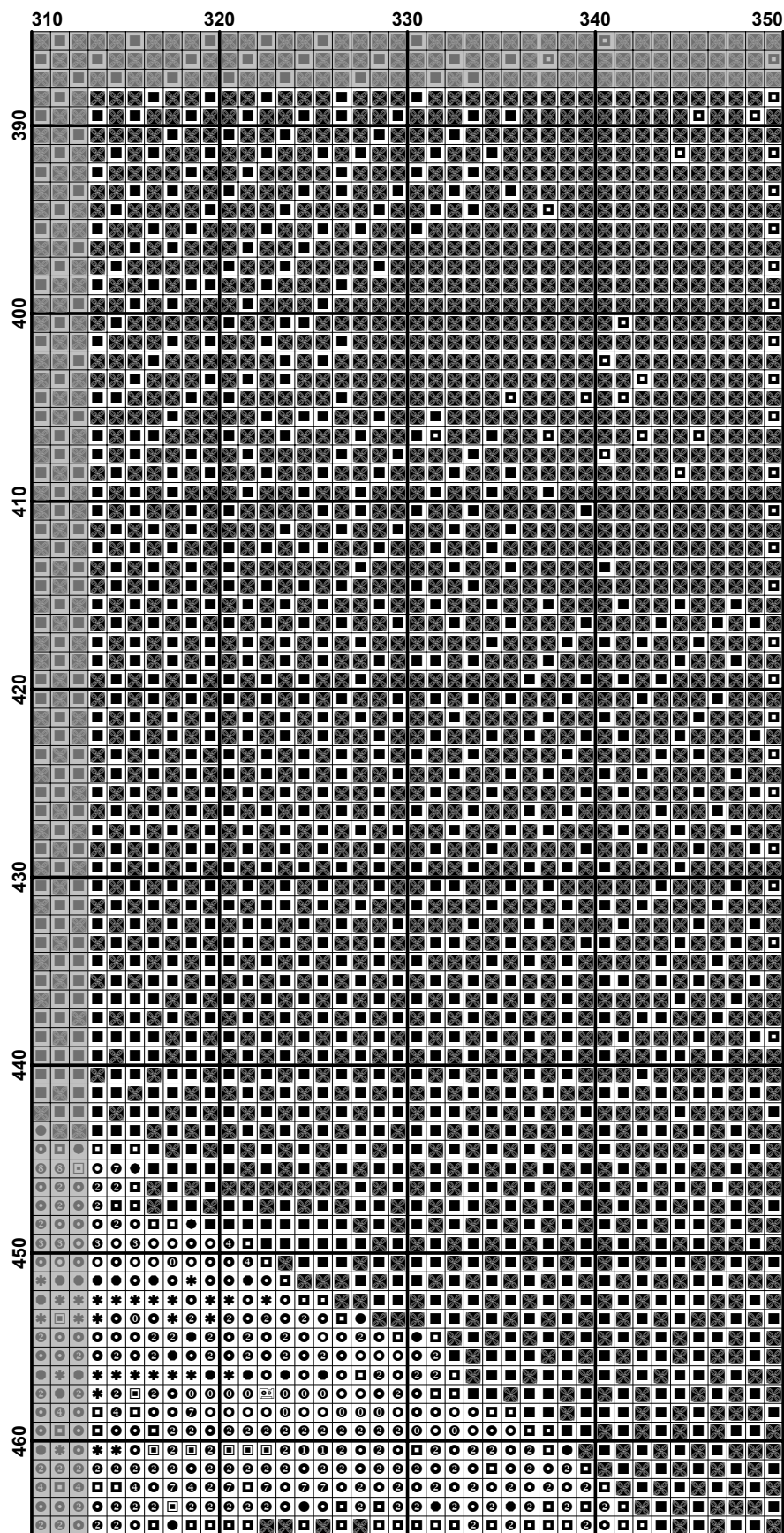


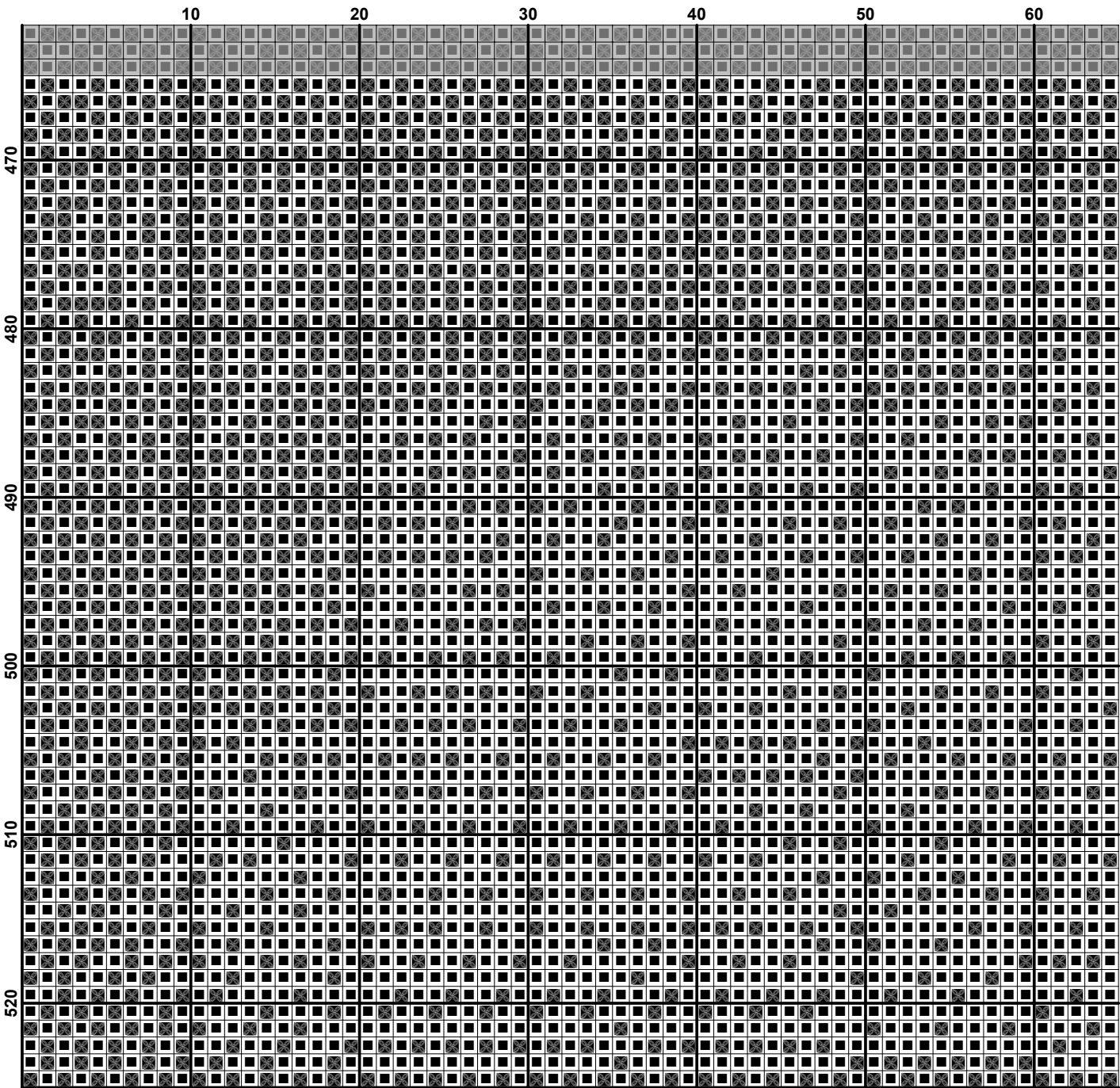




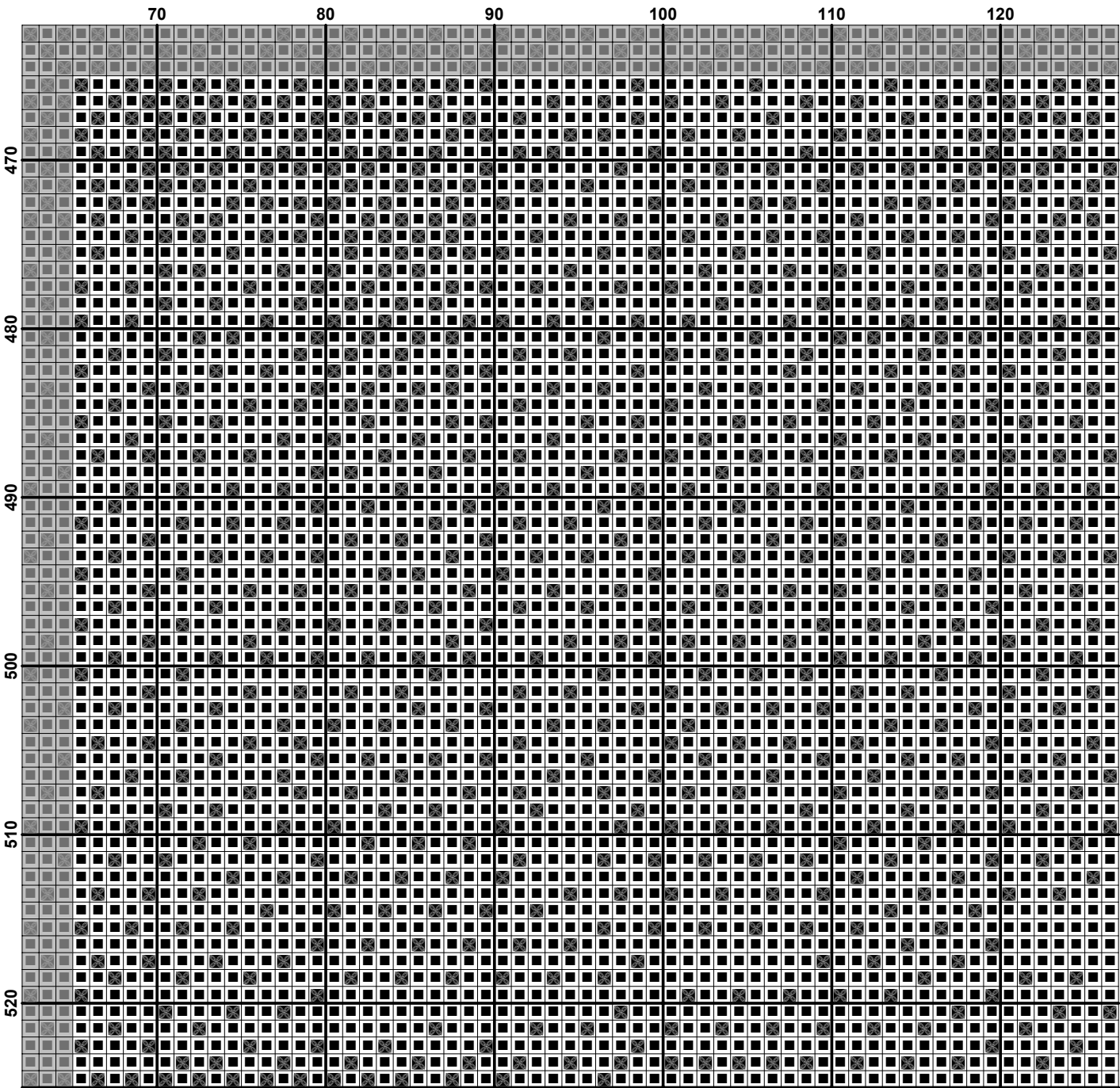


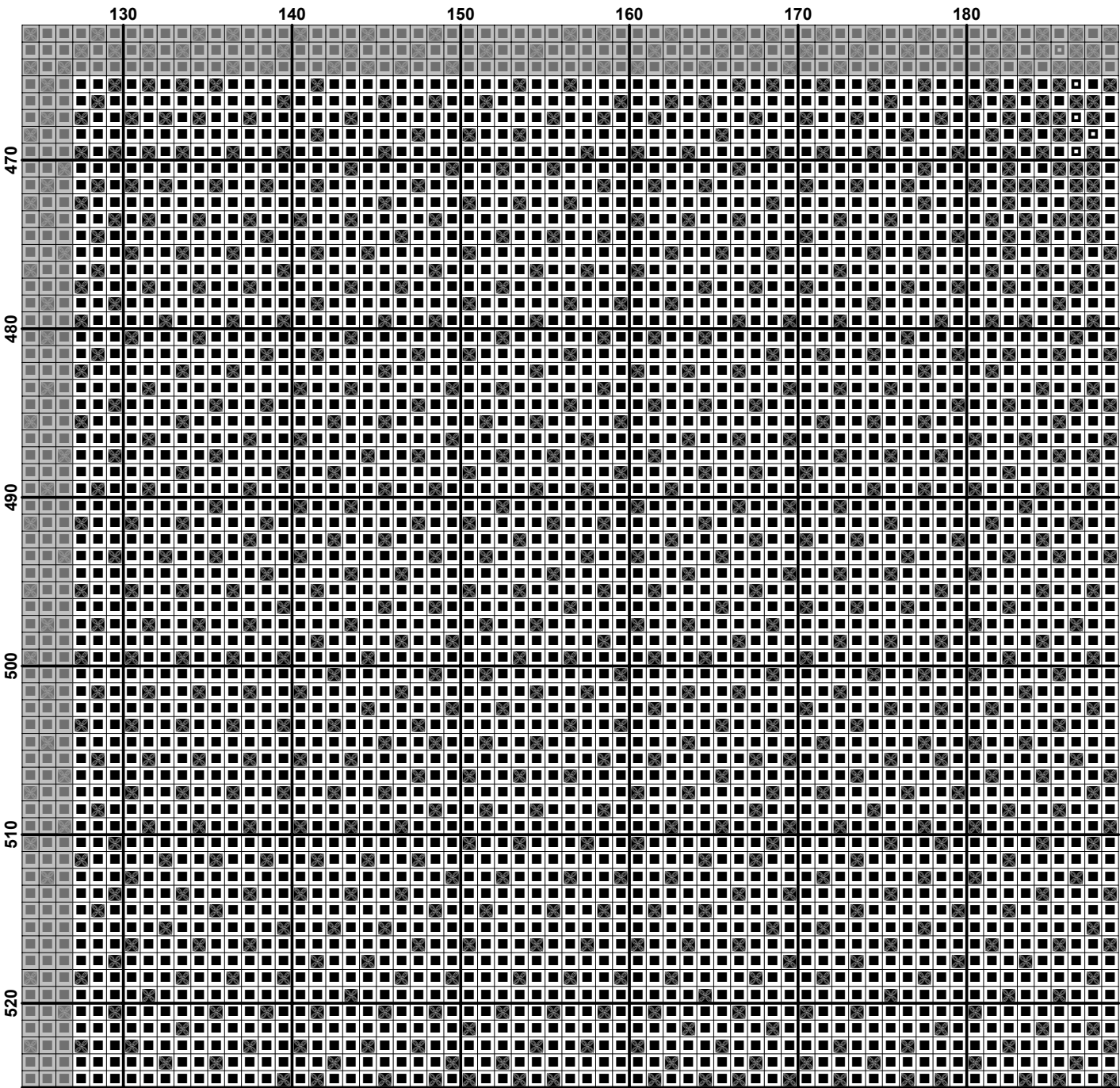


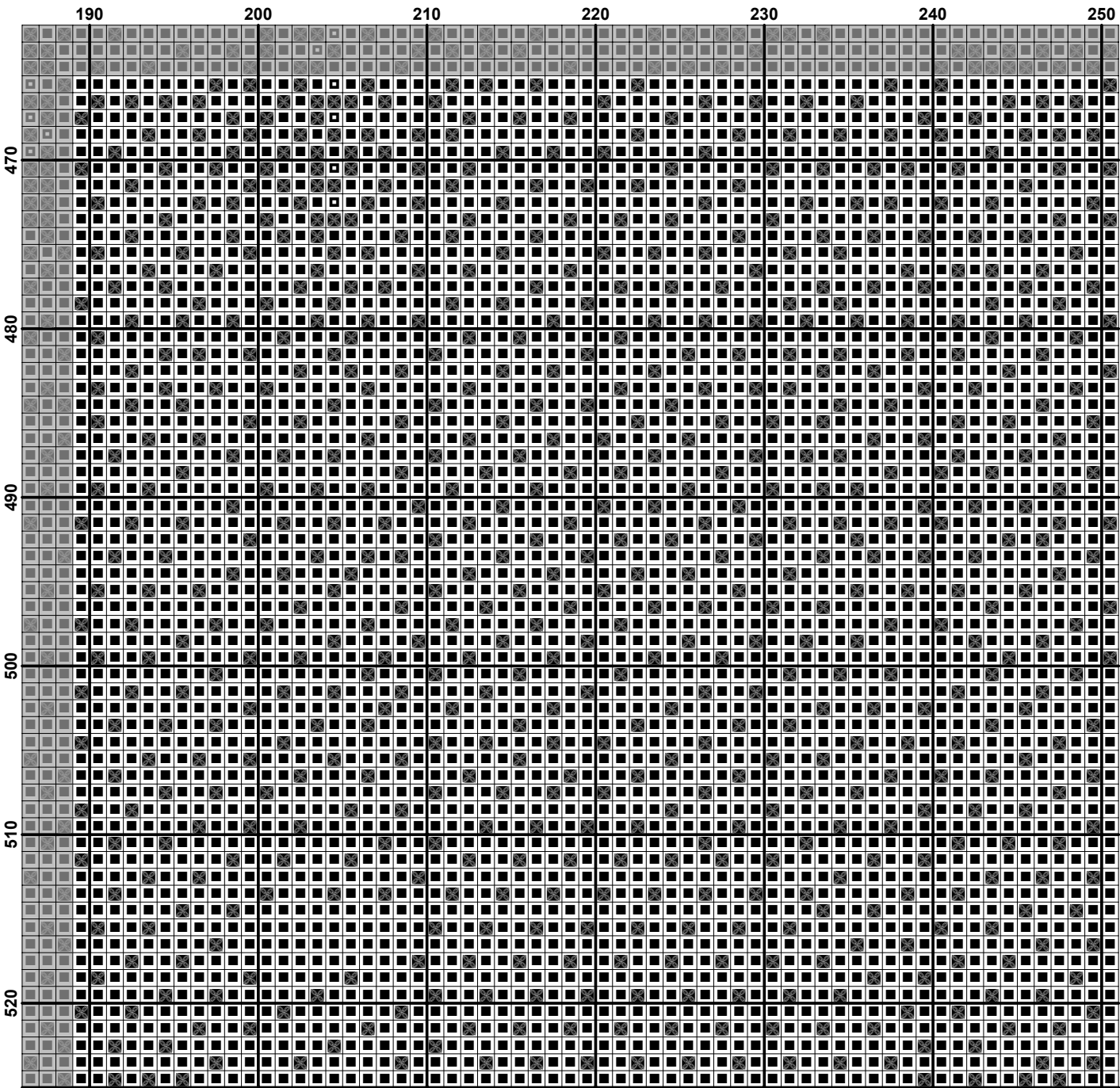


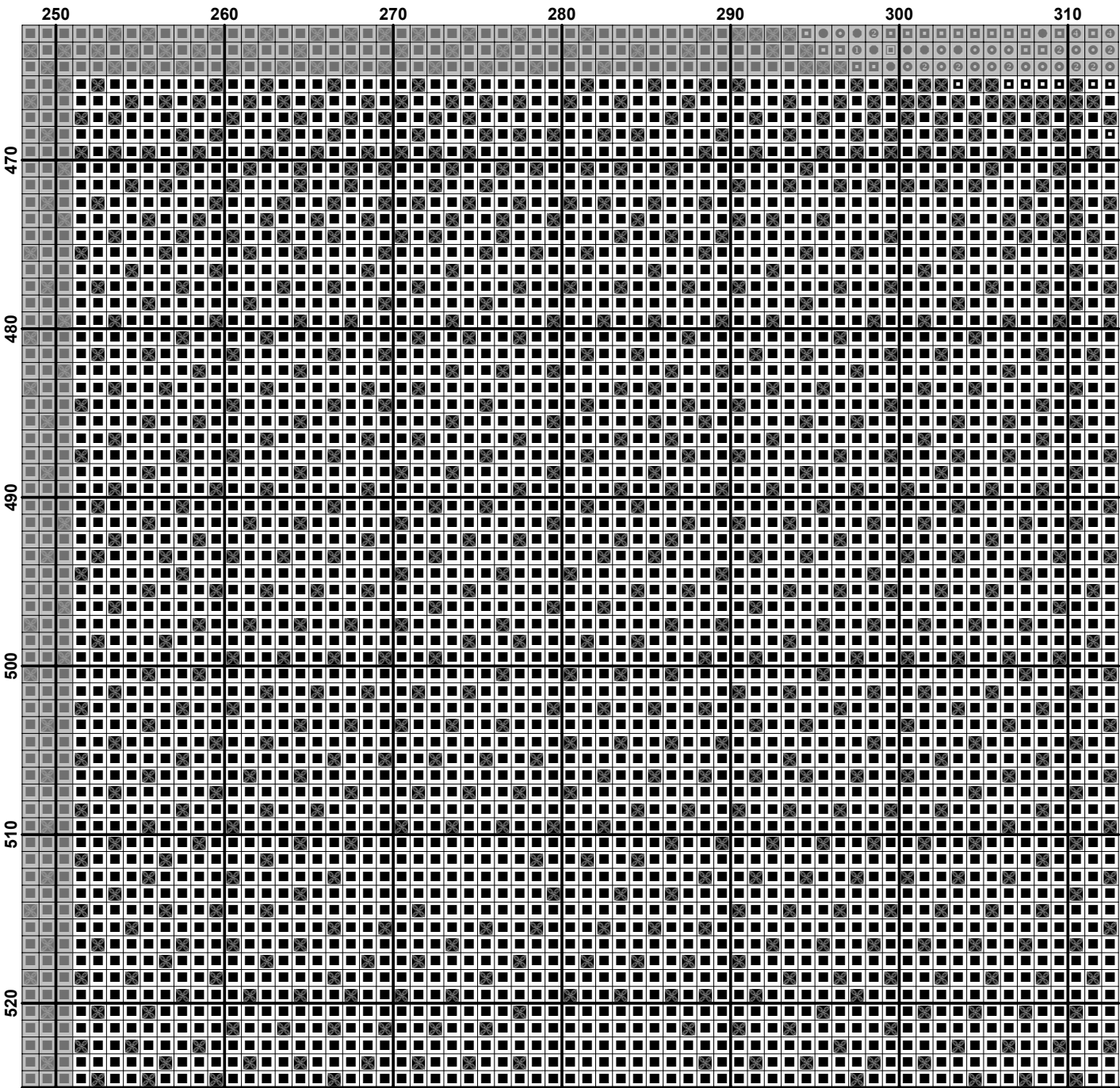


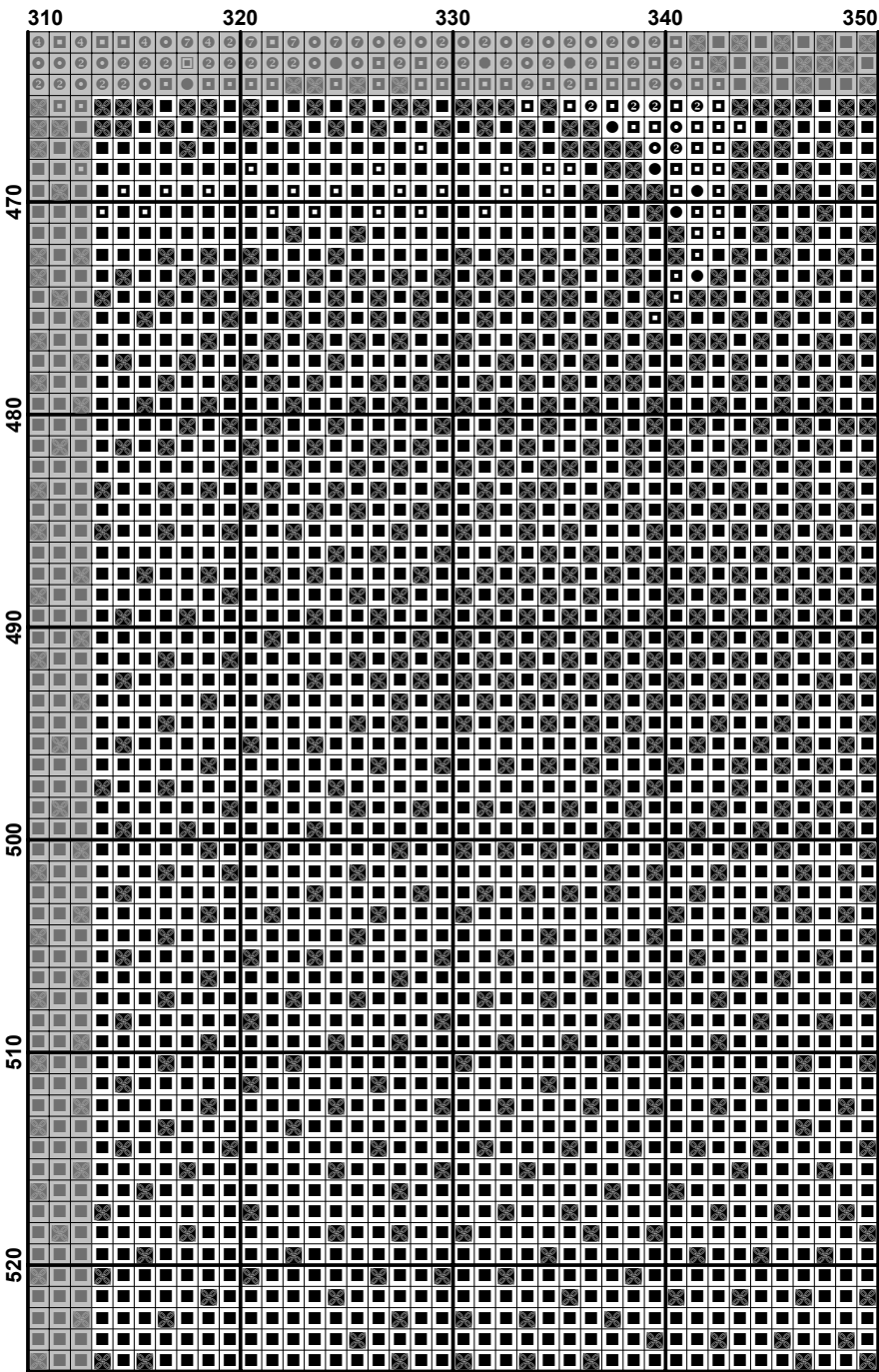
















































































































**Pattern Name:** Metamorphosis - Wolk  
**Designed By:** Michele Sayetta  
**Company:** Heaven and Earth Designs  
**Copyright:** 2004  
**Fabric:** Linen or Evenweave 25, White  
 350w X 525h Stitches  
**Size:** 25 Count, 14w X 21h in

### Floss Used for Full Stitches:

Symbol	Strands	Type	Number	Color
		2	DMC 154	Grape-VYDK
		2	DMC 161	Gray Blue
		2	DMC 168	Pewter-VYLT
		2	DMC 169	Pewter-LT
		2	DMC 221	Shell Pink-VYDK
		2	DMC 310	Black
		2	DMC 312	Baby Blue-VYDK
		2	DMC 315	Antique Mauve-VYDK
		2	DMC 317	Pewter Gray
		2	DMC 318	Steel Gray-LT
		2	DMC 336	Navy Blue
		2	DMC 356	Terra Cotta-MD
		2	DMC 413	Pewter Gray-DK
		2	DMC 414	Steel Gray-DK
		2	DMC 415	Pearl Gray
		2	DMC 452	Shell Gray-MD
		2	DMC 453	Shell Gray-LT
		2	DMC 524	Fern Green-VYLT
		2	DMC 550	Violet-VYDK
		2	DMC 640	Beige Gray-VYDK
		2	DMC 645	Beaver Gray-VYDK
		2	DMC 647	Beaver Gray-MD
		2	DMC 777	Raspberry-VYDK
		2	DMC 779	Cocoa-DK
		2	DMC 823	Navy Blue-DK
		2	DMC 902	Garnet-VYDK
		2	DMC 924	Gray Green-VYDK
		2	DMC 930	Antique Blue-DK
		2	DMC 934	Black Avocado Green
		2	DMC 938	Coffee Brown-ULDK
		2	DMC 939	Navy Blue-VYDK
		2	DMC 3031	Mocha Brown-VYDK

Symbol	Strands	Type	Number	Color
 	2	DMC	3041	Antique Violet-MD
 	2	DMC	3042	Antique Violet-LT
 	2	DMC	3072	Beaver Gray-VY LT
 	2	DMC	3685	Mauve-DK
 	2	DMC	3721	Shell Pink-DK
 	2	DMC	3722	Shell Pink-MD
 	2	DMC	3743	Antique Violet-VY LT
 	2	DMC	3750	Antique Blue-VY DK
 	2	DMC	3787	Brown Gray-DK
 	2	DMC	3799	Pewter Gray-VY DK
 	2	DMC	3808	Turquoise-UL VY DK
 	2	DMC	3830	Terra Cotta-MD
 	2	DMC	3857	Rosewood-DK
 	2	DMC	3858	Rosewood-MD
 	2	DMC	3859	Rosewood-LT
 	2	DMC	3860	Cocoa
 	2	DMC	3861	Cocoa-LT
 	2	DMC	3862	Mocha Beige-DK















## Usage Summary

Strands Per Skein: 6

Skein Length: 313.0 in

Type	Number	Full	Half	Quarter	Petite	Back(in)	Str(in)	Spec(in)	French	Bead	Skein Est.
■ DMC 154	154	13179	0	0	0	0.0	0.0	0.0	0	0	N/A
■ DMC 161	161	296	0	0	0	0.0	0.0	0.0	0	0	N/A
■ DMC 168	168	253	0	0	0	0.0	0.0	0.0	0	0	N/A
■ DMC 169	169	482	0	0	0	0.0	0.0	0.0	0	0	N/A
■ DMC 221	221	346	0	0	0	0.0	0.0	0.0	0	0	N/A
■ DMC 310	310	27236	0	0	0	0.0	0.0	0.0	0	0	N/A
■ DMC 312	312	72	0	0	0	0.0	0.0	0.0	0	0	N/A
■ DMC 315	315	544	0	0	0	0.0	0.0	0.0	0	0	N/A
■ DMC 317	317	1591	0	0	0	0.0	0.0	0.0	0	0	N/A
■ DMC 318	318	567	0	0	0	0.0	0.0	0.0	0	0	N/A
■ DMC 336	336	9265	0	0	0	0.0	0.0	0.0	0	0	N/A
■ DMC 356	356	55	0	0	0	0.0	0.0	0.0	0	0	N/A
■ DMC 413	413	2505	0	0	0	0.0	0.0	0.0	0	0	N/A
■ DMC 414	414	609	0	0	0	0.0	0.0	0.0	0	0	N/A
■ DMC 415	415	260	0	0	0	0.0	0.0	0.0	0	0	N/A
■ DMC 452	452	168	0	0	0	0.0	0.0	0.0	0	0	N/A
■ DMC 453	453	89	0	0	0	0.0	0.0	0.0	0	0	N/A
■ DMC 524	524	39	0	0	0	0.0	0.0	0.0	0	0	N/A
■ DMC 550	550	4133	0	0	0	0.0	0.0	0.0	0	0	N/A
■ DMC 640	640	219	0	0	0	0.0	0.0	0.0	0	0	N/A
■ DMC 645	645	361	0	0	0	0.0	0.0	0.0	0	0	N/A
■ DMC 647	647	130	0	0	0	0.0	0.0	0.0	0	0	N/A
■ DMC 777	777	98	0	0	0	0.0	0.0	0.0	0	0	N/A
■ DMC 779	779	2936	0	0	0	0.0	0.0	0.0	0	0	N/A
■ DMC 823	823	30570	0	0	0	0.0	0.0	0.0	0	0	N/A
■ DMC 902	902	1564	0	0	0	0.0	0.0	0.0	0	0	N/A
■ DMC 924	924	7053	0	0	0	0.0	0.0	0.0	0	0	N/A
■ DMC 930	930	2277	0	0	0	0.0	0.0	0.0	0	0	N/A
■ DMC 934	934	2758	0	0	0	0.0	0.0	0.0	0	0	N/A
■ DMC 938	938	537	0	0	0	0.0	0.0	0.0	0	0	N/A
■ DMC 939	939	37386	0	0	0	0.0	0.0	0.0	0	0	N/A
■ DMC 3031	3031	1074	0	0	0	0.0	0.0	0.0	0	0	N/A
■ DMC 3041	3041	291	0	0	0	0.0	0.0	0.0	0	0	N/A
■ DMC 3042	3042	161	0	0	0	0.0	0.0	0.0	0	0	N/A
■ DMC 3072	3072	185	0	0	0	0.0	0.0	0.0	0	0	N/A
■ DMC 3685	3685	920	0	0	0	0.0	0.0	0.0	0	0	N/A



Type	Number	Full	Half	Quarter	Petite	Back(in)	Str(in)	Spec(in)	French	Bead	Skein Est.
 DMC 3721	369	0	0	0	0.0	0.0	0.0	0	0	N/A	
 DMC 3722	175	0	0	0	0.0	0.0	0.0	0	0	N/A	
 DMC 3743	156	0	0	0	0.0	0.0	0.0	0	0	N/A	
 DMC 3750	14890	0	0	0	0.0	0.0	0.0	0	0	N/A	
 DMC 3787	622	0	0	0	0.0	0.0	0.0	0	0	N/A	
 DMC 3799	14021	0	0	0	0.0	0.0	0.0	0	0	N/A	
 DMC 3808	1425	0	0	0	0.0	0.0	0.0	0	0	N/A	
 DMC 3830	92	0	0	0	0.0	0.0	0.0	0	0	N/A	
 DMC 3857	231	0	0	0	0.0	0.0	0.0	0	0	N/A	
 DMC 3858	496	0	0	0	0.0	0.0	0.0	0	0	N/A	
 DMC 3859	136	0	0	0	0.0	0.0	0.0	0	0	N/A	
 DMC 3860	477	0	0	0	0.0	0.0	0.0	0	0	N/A	
 DMC 3861	266	0	0	0	0.0	0.0	0.0	0	0	N/A	
 DMC 3862	185	0	0	0	0.0	0.0	0.0	0	0	N/A	